

Push Comes To Shove

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 2 级数: Intermediate
编舞者: The Unknown Dancer
音乐: When Push Comes to Shove - Grateful Dead



Sequence: AAB, AAAB, B

PART A

BUMP HIP 4 TIMES, SYNCOPATED GRAPEVINE, SAILOR SHUFFLE (FACING 12:00)

1&2&3&4 Step left back left diagonal bumping left hip back, bump left hip back 3 more times
&5-6-7&8 Step right back, step left across right, step right side right, step left behind right, step right side right, step left side left

STEP BACK, FORWARD, 3 BOOGIE WALKS, ROCK FORWARD, BACK, SHUFFLE BACK (FACING 12:00)

&1-2-3-4 Step right back, step left forward, step right-left-right forward swiveling on the balls of the feet
5-6-7&8 Rock left forward, recover to right, step left back, step right back, step left back

BUMP HIP 4 TIMES, SYNCOPATED GRAPEVINE, SAILOR SHUFFLE (FACING 12:00)

1&2&3&4 Step right back right diagonal bumping right hip back, bump right hip back 3 more times
&5-6-7&8 Step left back, step right across left, step left side left, step right behind left, step left side left, step right side right

STEP BACK, FORWARD, 3 BOOGIE WALKS, ROCK FORWARD, BACK, SHUFFLE BACK (FACING 12:00)

&1-2-3-4 Step left back, step right forward, step left-right-left forward swiveling on the balls of the feet
5-6-7&8 Rock right forward, recover to left, step right back, step left back, step right back

SHUFFLE LEFT, ROCK STEP, SHUFFLE RIGHT, ROCK STEP (FACING 12:00)

1&2-3-4 Step left side, step right next to left, step left side, rock right back; recover to left
1&2-3-4 Step right side, step left next to right, step right side, rock left back, recover to right

POINT, HOLD, POINT, HOLD, POINT & POINT & KICK, STEP (FACING 12:00)

1-2&3-4 Point left to left side, hold, step left next to right, point right to right side, hold
&5&6&7-8 Step right next to left, point left to left side, step left next to right, point right to right side, step right next to left, kick left forward, step forward down on left (weight must be strongly forward)

ROCK FORWARD AND BACK, STEP BACK, BACK, ROCK BACK AND FORWARD, STEP FORWARD, ¼ TURN LEFT (FACING 12:00)

1-2-3-4 Rock right forward ("pushing" with both hands), recover to left, step right back, step left back
5-6-7-8 Rock right back, recover to left, step right forward, pivot on right ¼ turn to left bringing weight to left

4 CROSSOVER PONY STEPS, SAILOR SHUFFLE WITH ¼ TURN LEFT, SAILOR SHUFFLE (FACING 9:00)

1&2&3&4 Step right across left, step left side left, step right across left, step left side left, step right across left, step left side left, step right across left
5&6-7&8 Step left behind right making ¼ turn left, step right side right, step left side left, step right behind left, step left side left, step right side right

PART B

ROCK BACK, FORWARD, 2 BOOGIE WALKS, ROCK FORWARD, BACK, SHUFFLE BACK (FACING 12:00)

1-2-3-4 Rock left back, recover to right, step left, right forward swiveling on the balls of the feet
5-6-7&8 Rock left forward, recover to right, step left back, step right back, step left back

ROCK BACK, FORWARD, 2 BOOGIE WALKS, ROCK FORWARD, BACK, SHUFFLE BACK (FACING 12:00)

1-2-3-4 Rock right back, recover to left, step right, left forward swiveling on the balls of the feet
5-6-7&8 Rock right forward, recover to left, step right back, step left back(&); step right back

STEP TOUCHES, STEP, HOLD, ROCK FORWARD AND BACK (FACING 12:00)

1-2-3-4 Step left back left diagonal, touch right beside left, step right back right diagonal, touch left beside right
5-6-7-8 Step left forward, hold, rock right forward ("pushing" with both hands), recover to left

ROCK BACK, FORWARD, TURN ½ LEFT, SHUFFLE FORWARD, ROCK FORWARD, BACK (FACING 12:00)

1-2-3-4 Rock right back, recover to left, step right forward, turn ½ left bringing weight to left
5&6-7-8 Shuffle forward right-left-right, rock left forward, recover to right
