

# Push The Button

**COPPER** KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Push the Button - Sugababes



## SIDE SHUFFLE TO RIGHT, CROSS FORWARD ROCK RECOVER BACK

1&2      Shuffle to right side (right-left-right)  
34      Step/cross left over in front of right foot, rock back onto right (12:00)

## TURN, TURN, SIDE SHUFFLE TO LEFT

56      Turning  $\frac{1}{4}$  to left stepping forward on left, turning  $\frac{1}{2}$  to left stepping back on right  
7&8      Turning  $\frac{1}{4}$  to left shuffle to left side (left-right-left) (12:00)

## ROCKING CHAIR, STEP HIP & HIP, STEP HIP & HIP

1      Leaving left ball of foot stationary as you rock forward onto right foot the left heel will lift off the floor  
2-3-4      Recover/lower heel, rock back onto right foot lifting left heel, recover onto left lowering heel  
**Styling: swing the right shoulder to front on count 1, then swing right shoulder to back on count 3 using plenty of hip action**  
5&6      Step right foot out to 45 degrees right with a right hip push, push left hip out to back 45, push right hip forward 45  
7&8      Step left foot out to 45 degrees left with a left hip push, push right hip out to back 45, push left hip forward 45 (12:00)

### Optional:

5-8      Instead of hip pushes you can just do small shuffles forward (cha-cha-cha) right & left

## STEP $\frac{1}{2}$ PIVOT LEFT, STEP, STEP $\frac{1}{2}$ PIVOT TO RIGHT

1-2      Step forward on right foot,  $\frac{1}{2}$  pivot to left (weight onto left) (6:00)  
&3-4      Step right next to left, step forward on left,  $\frac{1}{2}$  pivot to right (weight onto right) (12:00)

## STEP TO LEFT, HOLD, TURNING $\frac{1}{4}$ TO LEFT STEP TAP, STEP TAP

5      Step left to left turning top of body to right at the same time pointing both index fingers to 3:00  
6      (Weight on left foot), hold  
&7      Turning  $\frac{1}{4}$  to left to face (9:00) stepping forward on right foot tapping left foot next to right foot  
&8      Stepping left foot to left side, tapping right foot next to left foot (9:00)

## STEP SWIVEL TO LEFT (WITH SHIMMIES), $1\frac{1}{4}$ ROLL TO LEFT, HITCH

1-4      Step right to right side and swivel  $\frac{1}{4}$  to left on the ball of both feet using shoulder shimmies or clicking fingers (6:00)

### Weight ends on right foot

5-6      Turning  $\frac{1}{4}$  to left stepping forward onto left, turning  $\frac{1}{2}$  to left stepping back onto right, (9:00)  
7-8      Turning  $\frac{1}{2}$  to left stepping forward on left, hitch right knee up (3:00)

**Optional body & head movements for count 8 (tilting top part of body & head to left side)**

## REPEAT