Put A Cork In It



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Lorraine Hillard (AUS)

音乐: If I Could Bottle This Up - Paul Overstreet



STOMP, HOLD, STEP OUT, & CROSS, ROCK, STEP, SHUFFLE ACROSS

1-2&	Stomp right foot forward, hold, step left foot to left
3&	Step right foot to right, step left foot to center

4-5 Step right foot across front of left foot, step left foot to left

6-7 Recover weight onto right foot, step left foot across in front of right foot

&8 Step ball of right foot right (behind left heel), step left foot across in front of right foot

POINT, FULL TURN, POINT & CROSS, & HIPS 2,3,4

1&	Point right toe to right, full turn right on ball of left foot
2-3	Step right foot next to left foot, point left toe to left

&4 Step left foot next to right foot, step right foot across front of left foot

5-6 Step left foot to left swaying hips left, sway hips to right

7-8 Sway left, sway right

BEHIND, IN FRONT, POINT, 1/2 TURN, STEP, HOLD, & STEP, & STEP

1&	Step left foot behind right foot, step right foot slightly right
2-3	Step left foot across front of right foot, point right toe to right
&4	½ turn right on ball of left foot, step right foot next to left foot

5-6 Step left foot forward to left diagonal, hold

&7& Step right foot to behind left foot, step left foot forward to left diagonal, step right foot to

behind left foot

8 Step left foot forward to left diagonal

Steps 5-8 face body toward right diagonal with hands slightly out to sides, palms down looking down to your left hand

STEP, HOLD, & STEP, & STEP, & OUT, & CROSS, 1/2 TURN

1-2	Step right foot forward to right diagonal, hold
&3	Step left foot to behind right foot, step right foot forward to right diagonal
&4	Step left foot to behind right foot, step right foot forward to right diagonal
&5&	Step left foot to left, step right foot to right, step left foot to center
6	Step hall of right foot across in front of left foot

6 Step ball of right foot across in front of left foot

7-8 Bending knees - unwind ½ turn left using both counts

Steps 1-4 face body toward left diagonal with hands slightly out to sides, palms down looking down to your right hand

STEP, HOLD, STEP HOLD, SHUFFLE TURN, SHUFFLE TURN

1-2 Step right foot forward directly in line with left foot, hold3-4 Step left foot forward directly in line with right foot, hold

Beats 5-8 travel forward while doing a full turn left

5&6 Right shuffle7&8 Left shuffle

STEP, PIVOT, STEP, HOLD, FULL TURN, SHUFFLE

1-2 Step right foot forward, pivot ½ turn left transferring weight onto left foot

3-4 Step right foot forward, hold

Beats 5-6 travel forward while doing a full turn right

5-6 Step forward left foot, step forward right foot

& OUT, & HOLD, KNEE, KNEE, SAILOR STEP, SAILOR STEP

&1-2	Step right foot to right, step left foot to left, hold
3	Pop left knee toward right knee
4	Transfer weight onto left foot and pop right knee toward left knee
5	Step ball of right foot behind left foot, step left foot slightly to left

&8 Step right foot slightly to right, step left foot center

BEHIND, IN FRONT, ROCK, & CROSS, & CROSS, SCUFF, SCUFF, TAP

1&	Step right foot behind left foot, step left foot to left
2-3	Step right foot across front of left foot, step ball of left foot to left
&4	Transfer weight onto right foot, step left foot across front of right foot
&5	Step right foot slightly right, step left foot across front of right foot
6	Swing right foot slightly forward scuffing right heel next to left foot
7	Swing right foot back crossing in front of left foot scuffing right toe in front of left foot
8	Tap right toe to the left of left foot

Step right foot center, step ball of left foot behind right foot

REPEAT

TAG

6-7

When dancing to the preferred music (George Jones & Shelby Lynne) an 8 count tag is needed. Dance the first 2 rotations of the dance then add the first 4 beats of the dance, then unwind ½ turn left for 4 counts and continue dance from beginning facing back wall