

Put A Little Love In Your Heart

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver social cha
编舞者: Sue Marshall (UK)
音乐: Put a Little Love In Your Heart - Anne Murray



RIGHT STOMPS OUT & IN, KICK, KICK, STOMP, AND REPEAT ON LEFT FOOT

- 1 Stomp right to right side
- 2 Stomp right next to left
- 3&4 Two low kicks forward with right foot, stomp right next to left
- 5 Stomp left to left side
- 6 Stomp left next to right
- 7&8 Two low kicks forward with left foot, stomp left next to right

RIGHT, LOCK, RIGHT-LOCK-RIGHT, FULL ROLLING TURN LEFT, CLAP, CLAP

- 1 Step right forward towards right diagonal
- 2 Lock left behind right
- 3&4 Step right forward, lock left behind right, step right forward
- 5-6-7&8 Full turn left stepping left, right, left, clap, clap

To avoid the full turn dance a left vine ending with claps

RIGHT SIDE, CLOSE, SIDE-CLOSE-SIDE, HALF TURN, LEFT SIDE, CLOSE, SIDE-CLOSE-SIDE

- 1-2 Step right to right side, close left to right
- 3&4 Step right to right, close left to right, step right to right
- & On ball of right pivot half turn right
- 5-6 Step left to left side, close right to left
- 7&8 Step left to left, close right to left, step left to left

RIGHT MONTERAY QUARTER TURN, KICK, STEP BACK, COASTER STEP

- 1 Touch right toe to right side
- 2 Pivot $\frac{1}{4}$ turn right on ball of left, stepping right beside left
- 3-4 Touch left toe to left side, step left next to right
- 5-6 Kick right foot forward, step back on right
- 7&8 Step back on left, step right next to left, step forward on left

REPEAT

RESTART

On 5th wall, dance first 8 steps only (stomps and kicks) then restart dance at beginning

Variation for last 8 steps for more advanced dancers

MODIFIED MONTERAY QUARTER TURN, KICK-BALL-CHANGE, COASTER STEP

- 1 Point right toe to right side
- 2 Pivot $\frac{1}{4}$ turn right on ball on left, stepping right beside left
- 3& Point left to left side, step left next to right
- 4& Dig right heel forward, step right next to left
- 5&6 Kick left forward, step down on ball of left, step right next to left
- 7&8 Step back on left, step right next to left, step forward on left