

Put On, Put On

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Nancy Morgan (USA)
音乐: Dancin' Shoes - Ronnie McDowell



After he says "1,2,3", wait 16 counts, then start

SIDE SHUFFLE, ROCK STEP, SIDE SHUFFLE, ½ TURN SIDE SHUFFLE

1&2 Right side shuffle - step right to right side, step left next to right, step right to right side
3-4 Rock/step back on left and forward on right
5&6 Left side shuffle - step left to left side, step right next to left, step left to left side
7&8 As you turn ½ turn to your left, step right to right side, step left next to right, step right to right side

¼ TURN JAZZ BOX, STEP FORWARD, SHUFFLE FORWARD, FORWARD ROCK

1-4 Cross left over right, as you turn ¼ turn to your left step back on right, step left to left side, step forward on right
5&6 Shuffle forward - left, right, left
7-8 Rock/step forward on right and back on left

SKIP BACK TWICE, BACK ROCK, KICK TWICE, COASTER STEP

1 Pick right foot up and place it behind left
&2 As you hop on right, pick left foot up and place it behind right
3-4 Rock/step back on right and forward on left
5-6 Kick right foot forward two times
7&8 Step back on right, back on left, forward on right

FORWARD ROCK, SHUFFLE BACK, TOUCH BACK, ½ TURN RIGHT, STEP FORWARD, TOUCH

1-2 Rock/step forward on left and back on right
3&4 Shuffle back - right, left, right
5-6 Touch right toe back, turn ½ turn to right (weight is on right)
7-8 Step forward on left, touch right next to left

REPEAT