

Put Your Arms Around Me

COPPER KNOB
STEPMATS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Lisa Salomon (USA)
音乐: Put Your Arms Around Me - Natural



FORWARD RIGHT STEP SLIDES, ¼ TURN PIVOT LEFT, ¼ TURN PIVOT LEFT

- 1-4 Step forward on right diagonally, slide left foot forward next to right, step forward on right diagonally, slide left foot forward next to right
- 5-8 Step right foot forward and pivot ¼ turn to the left, step right foot forward and pivot ¼ turn to the left

RIGHT FOOT TAPS, RIGHT AND LEFT SAILOR SHUFFLES WITH ¼ TURN LEFT, WALKS FORWARD

- 1-2 Tap right toe 2 times to the side
- 3&4 Right sailor shuffle
- 5&6 ¼ turn left sailor shuffle, ¼ turn left as you step back on left, step right to side, step left to side
- 7-8 Walk forward with the right foot, then the left foot

SIDE ROCKS WITH CROSS SHUFFLES

- 1-4 Rock right foot to right side, recover on left foot and cross right foot over left and shuffle to the left side
- 5-8 Rock left foot to left side, recover on right foot and cross left foot over right and shuffle to the right side

RIGHT AND LEFT ROLLING GRAPEVINES WITH SHUFFLES

- 1-4 Make a full turn to right, stepping right, left, continuing to turn, shuffle right, left, right
- 5-8 Make a full turn to left, stepping left, right continuing to turn, shuffle left, right, left

HIP BUMPS RIGHT, LEFT, RIGHT, LEFT, AND RIGHT AND LEFT SHUFFLES FORWARD

- 1-4 Bump hips to the right, left, right, left
- 5-8 Shuffle forward right, left, right, and shuffle forward left, right, left

¼ PIVOT LEFT, ¼ PIVOT LEFT

- 1-4 Step forward on right, pivot ¼ turn to the left
- 5-8 Step forward on right, pivot ¼ turn to the left

REPEAT