Queen Of My Heart



编舞者: Gary Lafferty (UK)

音乐: Queen of My Heart - Westlife



INTRO

STEP FORWARD, POINT, HOLD; STEP BACK, POINT, HOLD

1-3 Step forward on left, point right out to right side, hold 4-6 Step back on right, point left out to left side, hold

IN FRONT, SIDE, BEHIND; STEP RIGHT, DRAG, TOUCH

7-9 Cross-step left over right, step to right on right, cross-step left behind right
10-12 Big step to right on right, drag left foot towards right, touch left foot beside right

STEP LEFT, DRAG, TOUCH; CROSS, 1/4 TURN, STEP FORWARD

Big step to left on left, drag right foot towards left, touch right foot beside left
Cross-step right over left, step back on left turning ¼ right, step forward onto right

2 TWINKLES (LEFT THEN RIGHT)

19-21 Cross-step left over right, step on right beside left, step on left in place
22-24 Cross-step right over left, step on left beside right, step on right in place

The intro is danced 4 times, with a ½ turn to the right during each repetition. Once you have completed the 4 repetitions, you will be facing the front wall ready to start the dance.

THE MAIN DANCE

ROCK BACK, HOLD FOR 2 COUNTS ("I'LL ALWAYS LOOK BACK"); WALTZ FORWARD ("AS I WALK AWAY")

1-3 Rock back on left looking back over left foot shoulder, hold position for counts 2 and 3

4-6 Step forward on right, step on left beside right, step forward on right

STEP FORWARD, RONDE 1/2 TURN; RIGHT TWINKLE WITH 1/2 TURN TO RIGHT

7-9 Step forward on left foot, turn ½ left on ball of left foot sweeping right foot around over 2

counts

10-12 Cross-step right over left, turn ¼ right stepping back on left, turn ¼ right stepping to right on

riaht

STEP FORWARD, POINT, HOLD; RIGHT TWINKLE WITH 1/2 TURN TO RIGHT

13-15 Step forward on left foot, point right foot out to right side, hold

16-18 Cross-step right over left, turn ¼ right stepping back on left, turn ¼ right stepping to right on

right

STEP FORWARD, HITCH, KICK; RIGHT WALTZ STEP BACK

19-21 Step forward on left, hitch right knee up, kick right foot forward

Counts 20 and 21 should be smooth

22-24 Step back on right, step on left beside right, step on right in place

STEP FORWARD, RONDE 1/4 TURN, HOOK; RIGHT TWINKLE WITH 1/4 TURN TO RIGHT

25-27 Step forward on left, turn ¼ left sweeping right foot around, hook right across outside of left

lea

28-30 Step to right on right (crossed over left), turn ¼ right stepping back on left, step on right in

place

LEFT WALTZ FORWARD WITH 1/4 TURN TO LEFT; CROSS-STEP, 1/4 TURN, STEP BACK

Step forward on left, turn ¼ left stepping to right on right, step on left in place
Cross-step right over left, turn ¼ right stepping back on left, step back on right

The rondés should be done with the foot off the floor, for emphasis & balance

REPEAT

THE TAG

The tag is danced at the end of the 2nd & 4th repetitions of the dance, you will always be facing the front wall ROCK BACK, HOLD FOR 2 COUNTS; WALTZ FORWARD; ROCK FORWARD, HOLD FOR 2 COUNTS, WALTZ BACK

1-3 Rock back on left, hold position for counts 2 and 3

4-6 Step forward on right, step on left beside right, step forward on right

9-11 Rock forward on left, hold position for counts 10 and 11

12-14 Step back on right, step on left beside right, step back on right

This dance was written for Marie, the Queen of *my* heart. And special thanks goes to Doug Miranda & Jackie Snyder. Without their friendship, inspiration & motivation, this dance would never have made it onto the dance floor.