Quick Kick

拍数: 24   **墙数:** 1   **级数:** Beginner

编舞者: Hayley Argyle (UK)

音乐: Give It Up or Let Me Go - The Chicks

The choreographer was age 5 when this dance was written

KICK TWICE, RIGHT COASTER STEP, KICK TWICE, LEFT COASTER STEP

1-2	Kick right forward twice
3&4	Step back right, step left beside right, step right forward
5-6	Kick left forward twice
7&8	Step left back, step right beside left, step left forward

CROSS, SIDE, RIGHT COASTER STEP, CROSS, SIDE, LEFT COASTER STEP

1-2	Cross right over left, step left to left side
3&4	Step right back, step left beside right, step right forward
5-6	Cross left over right, step right to right side
7&8	Step left back, step right beside left, step left forward

SWEEP STEPS TRAVELING FORWARD, KICK

&1	Sweep right out & around to front, step onto right in front
&2	Sweep left out & around to front, step onto left in front
&3	Sweep right out & around to front, step onto right
4	Kick left forward

WALK BACK TWICE, LEFT COASTER STEP

1-2	Step left back, step right back
3&4	Step left back, step right beside left, step left forward

REPEAT