拍数： 32
壇数： 4
级数：Intermediate
编舞者：Deb Crew（CAN）
音乐：My Girl－Alabama

## ¼ TURNING STEP－ROCK－STEP，HOLD

1
2

3
4

## $1 / 4$ TURNING STEP－ROCK－STEP， $1 / 2$ TURN

$5 \quad$ Step $1 / 4$ turn to the right onto left foot（sway hips to the left as you step）（facing right wall）
Rock to the right side onto right foot about 1 foot apart from left foot（sway hips left as you step left）
$7 \quad$ Step $1 / 4$ turn to the left onto left foot（facing front wall）
$8 \quad 1 / 2$ turn to the left on ball of left foot（weight on left）（facing back wall）

STEP，HOLD，KICK－BALL－STEP
A definite step forward for count（9）will give the sequence a dramatic effect
$9 \quad$ Step forward on right foot
10
11\＆12

Step $1 / 4$ turn to the left onto right foot（sway hips right as you step right）（facing left wall）
Rock to the left side onto left foot about 1 foot apart from right foot（sway hips left as you step left）
Step $1 / 4$ turn to the right onto right foot（facing front wall）
Hold position

STEP，KICK－BALL－STEP，HOLD
A definite step forward for count（13）will give the sequence a dramatic effect
13 Step forward on left foot
14 Hold position
15\＆16 Kick right foot forward，quickly step right foot home，step slightly forward on left foot

## $1 / 4$ TURN，SIDE，BEHIND，BRUSH

17 Step $1 / 4$ to the left onto right foot
18 Cross and step left foot behind right foot
19 Step side right onto right foot
20 Brush left foot forward

## LEFT VINE，BRUSH

21 Step side left onto left foot
22 Cross and step right foot behind left foot
23 Step side left onto left foot
24 Brush right foot forward
ROCK－STEP，½ TURN RIGHT，HOLD
25 Rock forward onto right foot
26 Step in place on left foot
27 Step back $1 / 2$ turning to the right using the ball of left foot to help you pivot
28 Hold position
ROCK－STEP，½ TURN LEFT，HOLD
29 Rock forward onto left foot
30 Step in place on right foot

