

Rags To Riches

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4
编舞者: Deb Crew (CAN)
音乐: My Girl - Alabama

级数: Intermediate



¼ TURNING STEP-ROCK-STEP, HOLD

- 1 Step ¼ turn to the left onto right foot (sway hips right as you step right) (facing left wall)
- 2 Rock to the left side onto left foot about 1 foot apart from right foot (sway hips left as you step left)
- 3 Step ¼ turn to the right onto right foot (facing front wall)
- 4 Hold position

¼ TURNING STEP-ROCK-STEP, ½ TURN

- 5 Step ¼ turn to the right onto left foot (sway hips to the left as you step) (facing right wall)
- 6 Rock to the right side onto right foot about 1 foot apart from left foot (sway hips left as you step left)
- 7 Step ¼ turn to the left onto left foot (facing front wall)
- 8 ½ turn to the left on ball of left foot (weight on left) (facing back wall)

STEP, HOLD, KICK-BALL-STEP

A definite step forward for count (9) will give the sequence a dramatic effect

- 9 Step forward on right foot
- 10 Hold position
- 11&12 Kick left foot forward, quickly step left foot home, step slightly forward on right foot

STEP, KICK-BALL-STEP, HOLD

A definite step forward for count (13) will give the sequence a dramatic effect

- 13 Step forward on left foot
- 14 Hold position
- 15&16 Kick right foot forward, quickly step right foot home, step slightly forward on left foot

¼ TURN, SIDE, BEHIND, BRUSH

- 17 Step ¼ to the left onto right foot
- 18 Cross and step left foot behind right foot
- 19 Step side right onto right foot
- 20 Brush left foot forward

LEFT VINE, BRUSH

- 21 Step side left onto left foot
- 22 Cross and step right foot behind left foot
- 23 Step side left onto left foot
- 24 Brush right foot forward

ROCK-STEP, ½ TURN RIGHT, HOLD

- 25 Rock forward onto right foot
- 26 Step in place on left foot
- 27 Step back ½ turning to the right using the ball of left foot to help you pivot
- 28 Hold position

ROCK-STEP, ½ TURN LEFT, HOLD

- 29 Rock forward onto left foot
- 30 Step in place on right foot

- 31 Step back ½ turning to the left using the ball of right foot to help you pivot
- 32 Hold position

REPEAT
