

Rainbow Cha Cha (P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: partner dance
编舞者: Eddie Bolton (UK)
音乐: Wall of Tears - K.T. Oslin



Position: Partner version start the dance in closed western hold. Lady's steps are opposite to man's except where stated

This dance is dedicated to Alice Redding and the Rainbow Center Line Dancers of Morecambe.

LEFT SIDE TOGETHER, SIDE TOUCH, WALK, WALK, RIGHT SIDE CHASSE

- 1-2 Step left to left, slide right, to left, (Cuban hip movement)
- 3-4 Step left to left touch right toe alongside left (Cuban hip movement)
- 5-6 Walk forward on right, walk forward left
- 7&8 Chasse to right on right / left / right (take small steps with Cuban hip movements)

ROCK FORWARD, BACK, SIDE CHASSE, ROCK BACK, FORWARD, SHUFFLE FORWARD

- 9-10 Rock step forward on left, rock back in place on right
- 11&12 Chasse to left on left - right - left (take small steps with Cuban hip movement,)
- 13-14 Rock back on right, rock forward onto left
- 15&16 Chasse to right on right - left - right, (take small steps with Cuban hip movement)

STEP FORWARD ½ PIVOT TURN, ½ TURN SHUFFLE, ROCK BACK, FORWARD, SHUFFLE FORWARD

- 17-18 **MAN:** Step forward on left, pivot ½ turn to right
 LADY: Rock back on right, rock forward onto left

Release right hand and raise left hand above lady's head.

- 19&20 **MAN:** Shuffle forward on left-right-left turning ½ turn to right
 LADY: Shuffle forward right-left-right

Man turns under upheld hands and takes hold of lady's left hand on step 20.

- 21-22 **MAN:** Rock back onto right, rock forward onto left
 LADY: Step forward onto left, pivot ½ turn to right

Man releases left hand hold and raises right hand.

- 23&24 **MAN:** Shuffle forward on right- left-right
 LADY: Shuffle forward on left-right-left, turning ½ turn to right

Lady turns under upheld hands, rejoin both hands on step 24.

MAN ROCK LEFT RIGHT, ¼ TURN SHUFFLE, STEP PIVOT, SHUFFLE FORWARD, LADY ½ TURN RIGHT SHUFFLE

- 25-26 Rock to left on left pushing hips left, rock to right, push hips right
- 27&28 Chasse to left on left-right then ¼ turn to left on left, (release forward hands)
- 29-30 Step forward on right pivot ½ turn to left, (release hand hold,)
- 31&32 **MAN:** Shuffle forward on right-left-right (small steps with Cuban hip movement)
 LADY: Shuffle forward on left -right-left, turning ½ turn to right

Retake closed western hold. To enable a smooth rejoin into closed western, both partners need to travel slightly left on the shuffle steps 31 & 32.

REPEAT