Rascal Shuffle

级数: Intermediate

拍数: 40 编舞者: Levi J. Hubbard (USA)

音乐: Some Say - Rascal Flatts

This dance is dedicated to my dancing friends back at Governor's Lounge in Chattanooga, Tn. Where I first starting Linedancing, Thanks for all the support and insperation to continue dancing and doing what I love to do.. Windi thanks for bringing this dance in.

RIGHT ROCK-RECOVER, COASTER STEP

- 1 Step (rock) right foot forward while slightly lifting left foot off floor
- 2 Lower left foot back to floor (recover)
- 3 Step right foot backward (on ball of) foot
- & Step left foot next to right (on ball of) foot
- 4 Step right foot forward
- 5-8 Repeat above 4 counts starting with left foot

RIGHT SIDE SHUFFLE, CROSS ROCK-RECOVER

- 9 Step right foot to side
- & Step left foot next to right
- 10 Step right foot to side
- 11 Cross step left foot behind right while slightly lifting right foot off floor
- 12 Lower left foot back to floor
- 13-16 Repeat above 4 counts starting with left foot

FORWARD SHUFFLE

- 17 Step right foot forward
- & Step left foot next to right
- 18 Step right foot forward
- 19 Step left foot forward
- Step right foot next to left &
- 20 Step left foot forward

FIGURE EIGHT GRAPEVINE

- 21 Step right foot to the side
- 22 Cross step left foot behind right
- 23 Turning 1/4 turn right, step right foot forward
- 24 Step left foot forward
- 25 Pivot 1/2 turn right
- 26 Turning 1/4 turn right, step left foot to the side (should be facing starting wall)
- 27 Cross step right foot behind left
- 28 Turning 1/4 turn left, step left foot forward

COMPLETE TURN (LEFT)

- 29 Step right foot forward
- 30 Pivot 1/2 turn left
- 31 Step right foot forward
- 32 Pivot 1/2 turn left

FORWARD ROCK-RECOVER, TURNING TRIPLE

- 33 Step right foot forward while slightly lifting left foot off floor (rock)
- 34 Lower left foot back to floor





墙数:4

35&36 Turn ¹/₂ turn right (right, left, right)

TURNING TRIPLE, BACKWARD ROCK-RECOVER

- 37&38 Turn ½ turn right (left, right, left)
- 39 Step right foot backward (rock) while slightly lifting left foot off floor
- 40 Lower left foot back to floor

REPEAT