The Rat Pack

拍数: 48

级数: Improver

编舞者: Rob Fowler (ES)

音乐: Nice And Easy - Glenn Rogers

RIGHT ROCK STEPS, LEFT ROCK STEPS

- 1-2 Rock right over left, recover onto left
- 3-4 Rock right across left, brush left next to right
- 5-6 Rock left over right, recover onto right
- 7-8 Rock left over right, brush right next to left

RIGHT ROCK, ½ TURN RIGHT AND HOLD, STEP FORWARD ½ TURN, FORWARD HOLD

- 1-2 Rock forward right, rock back to left
- 3-4 1/2 turn right, stepping onto right, hold
- 5-6 Step forward left, 1/2 turn right, weight onto right
- 7-8 Step forward left, hold

ROCK AND CROSS AND KICK, STEP KICKS

- 1-2 Rock right to right, replace weight to left
- 3-4 Cross right in front of left, kick left diagonally left
- 5-6 Step left to left side, kick right across in front of left
- 7-8 Step onto right, kick left into left corner

ROCK AND CROSS AND KICK, STEP KICKS

- 1-2 Rock left to left, replace weight to right
- 3-4 Cross left in front of right, kick right diagonally right
- 5-6 Step right to right side, kick left across in front of right
- 7-8 Step onto left, kick right into right corner

ROCK AND CROSS, RHUMBA

- 1-2 Rock right to right side, recover to left
- 3-4 Cross right over left, hold
- 5-6 Left to left side, right next to left
- 7-8 Left step back, hold

RHUMBA BOX (CONT'D) ROCK AND ¼ TURN, STEP AND BRUSH

- 1-2 Right to right side, left next to right,
- 3-4 Right forward, hold
- 5-6-Rock forward onto left, recover onto right
- 7-8 1/4 turn left, step left to left side, brush right next to left

REPEAT





墙数:4