

编舞者: Rosalie Mackay (AUS) 音乐: Reach - Meredith Edwards



LUNGE, STEP, SIDE, CROSS, SIDE, SIDE - REPEAT

1-2-3 Cross right over left at 45 degrees left (bending right knee), rock/step left in place, step right

to right side

4-5-6 Cross left over right, rock/step right to side, rock/step on left in place

1-6 Repeat these six steps

CROSS, HALF-TURN, CROSS, SIDE, ROCK - REPEAT

1-2-3 Cross right over left, step on ball of left to side and turn ½ turn right, step right to side

4-5-6 Cross left over right, rock/step right to side, rock/step left in place

1-6 Repeat these six steps

BEHIND, HALF-TURN, TOGETHER, BACK, BACK, DRAG/LOW HOOK

1-2-3 Step right across behind left, turn ¼ turn left stepping left forward, turn a further ¼ turn left

stepping right beside left

4-5-6 Step left back, step right back, drag left to right into a low hook

FORWARD, HALF-TURN, BACK, BACK, DRAG/LOW HOOK

1-2-3 Step left forward, turn ½ turn left stepping right beside left, step left beside right

4-5-6 Step right back, step left back, drag right to left into a low hook

ROLL FORWARD, ROCK FORWARD, BACK, FORWARD

1-2-3 Traveling forward turn full turn right stepping right, left, right

4-5-6 Rock/step forward on left, rock back on right, step forward on left

FORWARD, QUARTER-TURN, BACK, TOUCH/QUARTER-TURN

1-2-3 Step right forward, turn ¼ turn right stepping left beside right, step right in place 4-5-6 Step left back, touch right toe back, turn ¼ turn right transferring weight to right

QUARTER, HALF, BACK, BACK, TOUCH/QUARTER-TURN

1-2-3 Turn ¼ turn left stepping left forward, turn ½ turn left stepping right back, step left back

4-5-6 Step right back, touch left toe back, turn ½ turn left transferring weight to left

POINT, HOOK, ROLL FULL TURN, CROSS

1-2-3 Point right toe at 45 degrees right, hook right toe across left shin, turn ¼ turn right stepping

right forward

4-5-6 Turn ½ turn right stepping left back, turn ¼ turn right stepping right to side, step left across

right

SIDE, POINT, HOOK, ROLL FULL TURN

1-2-3 Step right to right side, point left toe at 45 degrees left, hook left toe across right shin

4-5-6 Turn ¼ turn left stepping left forward, turn ½ turn stepping right back, turn ¼ turn stepping left

to left side

REPEAT

