Real Bad Habit

拍数: 40

级数:

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音乐: If You Can't Be Good, Be Good At It - Neal McCoy

Position: Facing LOD

- 1-4 Rock forward on right, back on left, back on right, forward on left
- 5&6 Shuffle forward, right, left, right
- 7-8 Step forward left, pivot 1/2 turn right
- 9-10 Step forward left, pivot 1/2 turn right
- Step forward left on 45 degree diagonal, touch right 11-12
- 13-14 Step right back on 45 degree diagonal, touch left
- 15-18 Vine left on forward diagonal, scuff right foot
- 19-22 Vine right on forward diagonal, touch left foot
- 23-24 Step forward on left, tap right
- 25-26 Step ¼ turn right on right, tap left
- 27-30 Drop right hands to your waist, lift left hands in the air, make a 1 1/4 turn to your left (weight ends on right foot)
- 31&32 Shuffle left, right, left
- 33-34 Drop right hands to your waist, lift left in the air, turn full turn (moving forward, end facing LOD)
- 35-36 Walk forward right, left
- 37&38 Shuffle right, left, right
- 39&40 Shuffle left, right, left

REPEAT





墙数:0