

拍数: 48 墙数: 2 级数:
编舞者: Jill Morgan
音乐: Larger Than Life - Backstreet Boys



LEFT KICK BALL TOUCH, TOUCH FORWARD, HEELS SWIVELS (REPEAT ON RIGHT)

1&2 Kick left foot forward, step left in place, touch right together next to left
3&4 Touch right foot forward, swivel heels to right, swivel heels in place
5&6 Kick right foot forward, step right in place, touch left together next to right
7&8 Touch left foot forward, swivel heels to left, swivel heels in place

TOUCH LEFT FORWARD, SIDE, COASTER STEP, RIGHT SCUFF FORWARD, STEP BACK, BUMP HIPS

9-10 Touch left foot forward, touch left to left side
11&12 Step back left, step right together, step forward on left
13-14 Scuff right foot forward, step back on right
15&16 Bump hips back, forward, back

STEP BACK, ¼ TURN, STEP FORWARD, ¼ TURN, STEP BACK, ¼ TURN, STEP FORWARD, STEP TOGETHER

17-18 Step back on left, pivot ¼ turn to left
18-20 Step forward on right, pivot ¼ turn to left
21-22 Step back on left, pivot ¼ to left (completes ¾ turn to left in total)
23-24 Step forward on right, step left together with right

RIGHT KICK BALL TOUCH, LEFT KICK BALL TOUCH, TOUCH BEHIND, ½ PIVOT TURN, SCUFF, STEP, STEP

25&26 Kick right foot forward, step right in place, touch left to left side
27&28 Kick left foot forward, step left in place, touch right to right side
29-30 Touch right toe to back, pivot ½ turn to right (put weight onto right)
31&32 Scuff left foot forward, step on left, step right next to left

STEP BACK, HOLD, STEP TOGETHER, STEP BACK, CLAP TWICE, (REPEAT ON OTHER LEG) BACKWARDS BODY ROLLS OPTIONAL

33-34 Step back on left, hold
&35&36 Slide right back to side of left as you step back on left, clap twice
37-38 Step back on right, hold
&39&40 Slide left back to side of right as you step back on right, clap twice

SYNCOPATED LOCK STEPS WITH ¼ TURN (WITH OPTIONAL TO THE RIGHT HIP ROLL)

41-42 Step forward on left, lock right foot behind left
&43-44 Step left to left side, step forward on right, lock left foot behind right
&45-46 Step right to right side, step forward on left, lock right behind left
&47-48 Step left making ¼ turn to left, step right beside left, touch left beside right

REPEAT