拍数： 32
壇数： 4
级数：Improver
编舞者：Anita McNab（CAN）
音乐：All That Heaven Will Allow－The Mavericks

```
Count in 16 beats and start with the word ．．＂doing＂this．
When using the George Strait song，there is a break in the music after the sixth time through（facing back wall second time），when he sings＂Welllllllll＂．Stop and tap your right toe and shake your right index finger in a＂no－ no＂gesture，until he sings＂Doing this．．．．＂start over on the word＂Doing＂
```


## RIGHT HEEL GRINDS（TRAVELING LEFT），COASTER STEP

```
1 Cross right heel in front of left，and grind with toe moving left to right（putting weight on this foot）
Replace weight back onto left
Cross right heel in front of left，and grind with toe moving left to right（putting weight on this foot）
Replace weight back onto left
\(5 \quad\) Cross right heel in front of left，and grind with toe moving left to right（putting weight on this foot）
\(6 \quad\) Replace weight back onto left
\(7 \& 8 \quad\) Coaster step：step back on right，step left beside right，step right forward
```


## LEFT HEEL GRINDS（TRAVELING RIGHT），COASTER STEP

$9 \quad$ Cross left heel in front of left，and grind with toe moving right to left（putting weight on this foot）
10 Replace weight back onto right
11 Cross left heel in front of left，and grind with toe moving right to left（putting weight on this foot）
Replace weight back onto right
12
Cross left heel in front of left，and grind with toe moving right to left（putting weight on this foot）
Replace weight back onto right
14 Coaster step：step back on left，step right beside left，step left forward

RIGHT KICK FORWARD／SIDE，COASTER STEP，（REPEAT WITH LEFT FOOT）
17－18 Kick right foot forward，kick right on 45 degree angle to right side
19\＆20 Coaster step：step back on right，step left beside right，step right forward
21－22 Kick left foot forward，kick left on 45 degree angle to left side
23\＆24 Coaster step：step back on left，step right beside left，step left forward
ROCK，STEP，TRIPLE STEP $1 ⁄ 2$ TURN RIGHT，ROCK，STEP，TRIPLE STEP $1 ⁄ 4$ TURN LEFT
25－26 Rock forward on right foot，recover weight back to left foot
27\＆28 Triple step $1 / 2$ turn to the right（cha－cha－cha right，left，right）
29－30 Rock forward on left foot，recover weight back to right foot
31\＆32 Triple step $1 / 4$ turn to the left（cha－cha－cha left，right，left）
REPEAT

