Red, White & Blues



拍数: 48 墙数: 2 级数: Intermediate

编舞者: Noel Castle (AUS)

音乐: Red Lips, Blue Eyes, Little White Lies - Gary Allan



1/4 RIGHT SHUFFLE, 1/2 LEFT SHUFFLE, ROCK, RECOVER, TRIPLE 3/4 RIGHT

Turn ¼ right & step right forward, close left to right, step right forward &3&4

Turn ½ left & step left forward, close right to left, step left forward

5-6 Rock/step right forward, recover back onto left

7&8 Step right into ¼ turn right, step left next to right with ¼ turn right, step right in place with ¼

turn right (6:00)

FORWARD, TAP, BACK/KICK/BACK/KICK, BACK/CROSS, UNWIND ½ RIGHT, BOUNCE/SNAP

1-2 Step left forward, tap right toe behind left heel (bend left knee & lean forward ("dip"))

Step right back, kick left forward, step left back, kick right forward (move back on these steps)

Small step right back, cross/step left over right, unwind ½ turn right (weight on both feet)

Bounce both heels up & down two times & snap fingers in front two times as you bounce

(keep knees slightly bent)(12:00)

SIDE/CLOSE, SIDE/CLOSE, SIDE, CROSS/KICK, SIDE/CLOSE, SIDE/CLOSE, 1/4 LEFT BRUSH

1&2& Step right side, close left to right, step right side, close left to right

3-4 Step right side, kick left across in front of right

5&6& Step left side, close right to left, step left side, close right to left

7&8 Step left into ¼ turn left, brush right forward (9:00)

SHUFFLE FORWARD, FORWARD, PIVOT ½ RIGHT, SHUFFLE ½ RIGHT, SHUFFLE ½ RIGHT

Step right forward, close left to right, step right forward
Step left ball of foot forward, pivot ½ turn right (weight right)
Shuffle left, right, left, making a ½ turn right (moving forward)
Shuffle right, left, right making ½ turn right (moving forward) (3:00)

PUSH/PIVOT TURNS 3/4 RIGHT, TWIST WALKS FORWARD

Lift left knee & push left ball of foot side & pivot on ball of right (start ¾ turn right)
Life left knee & push left ball of foot side & pivot on ball of right (continue turn)
Life left knee & push left ball of foot side & pivot on ball of right (continue turn)

Life left knee & push left ball of foot side & pivot on ball of right (complete ¾ turn right)
Lift left knee, cross/step left over right (with hip/twist action), cross/step right over left (with

hip/twist action)

7&8 Cross/step left over right (with hip/twist action). Cross/step right over left (with hip/twist

action) (12:00)

SAILOR SHUFFLES, CROSS, UNWIND 1/2 LEFT, BODY ROLL

1&2 Cross/step left behind right, step right side, step left in place 3&4 Cross/step right behind left, step left side, step right in place

5-6 Cross left ball of foot behind right, unwind ½ left

7-8 Body roll down & up, using 2 counts (weight left) (6:00)

REPEAT