

Rednecking

拍数: 52 墙数: 2 级数: Improver
编舞者: Tonya Coon Moore (USA)
音乐: Redneck Woman - Gretchen Wilson



JAZZ BOX

1-2 Step left forward
3-4 Cross-step right over left
5-6 Step back on left
7-8 Step right next to left

VINE LEFT, ¼ LEFT, VINE RIGHT

1-3 Step left to left, cross-step right behind left, step left to left
4 ¼ turn left hitching right knee
5-6 Step right to right, cross-step left behind right
7-8 Step right to right, step left next to right

HEEL-TOE-HEEL TO LEFT, KICK, ROCK-STEP, STEP, PIVOT ½ LEFT

1-3 Twist heels left, twist toes left, twist heels left
4 Kick right forward
5-6 Rock back on right, step left in place (recover)
7-8 Step right forward, pivot ½ left on ball of right foot and step down on left

STOMP, HOLD, STOMP, HOLD, CROSS, TOUCH, CROSS, TOUCH

1-2 Stomp right forward, hold
3-4 Stomp right forward, hold
5-6 Cross-step right over left, touch left out to left
7-8 Cross-step left over right, touch right out to right

CROSS, PIVOT ½ LEFT, HEELS OUT, HEELS IN, HIP ROLL, ¼ LEFT, HIP ROLL, ¼ LEFT

1-2 Cross-step right over left, pivot ½ left unwinding feet
3-4 Fan heels out (left heel to left, right heel to right), fan heels in
5-6 Turn ¼ left rolling hips to the left pushing off with right foot and weight on left
7-8 Turn ¼ left rolling hips to the left pushing off with right foot and weight on left

Optional hands for counts 5-8:

5-6 Punch or lasso right arm up over head
7-8 Punch or lasso right arm up over head

STEP, SLAP, HIP ROLL, HEEL SWITCHES, CLAP

1 Step right to right, slap right hand on right hip
2-4 Roll hips to the left
5 Touch right heel forward
&6 Step right next to left, touch left heel forward
&7 Step left next to right, touch right heel forward
8 Clap

VINE RIGHT, ¼ RIGHT, SCUFF

1-3 Step right to right, cross-step left behind right, step right to right
4 ¼ turn right scuffing left

REPEAT

