

# Restless Cha Cha (P)

拍数: 40      墙数: 0      级数: Partner  
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音乐: Restless - Bob McKinley



**Position: Side By Side holding hands, opposite steps throughout all steps are for man**

- 1-2-3&4      Walk forward on left, right, now turn to face each other on cha-cha steps left, right, left, (turn with a swinging motion & touch forward hands)
- 5-6-7&8      Cross right, behind left step to the side on left, turn forward on cha-cha steps right, left, right, (again turn with a swinging motion)
- 9-10-11&12      Step forward on left, cross right behind left, (swinging to face each other) then cha-cha forward on left, right, left, (swinging forward)
- 13-14-15&16      Step forward on right, then left, cha-cha step forward on right, left, right (remember: lady is on opposite foot throughout)
- 17-18-19&20      Left foot step to the side, slide right up to left, cha-cha step on left, right, left, (making ¼ turn to man's left. You are now back to back)
- 21-22-23&24      Step forward on right foot, make ½ turn to left pivoting on both feet, and cha-cha step towards each other on right, left, right

**Closed position**

- 25-26-27&28      **MAN:** Rock forward on left, then back on right, cha-cha step backwards on left, right, left  
                         **LADY:** Rock back then forward, & cha-cha, cha, always on the opposite foot

**Still in closed position**

- 29-32      **MAN:** Rock backwards on to right foot, then forward on to left, and cha-cha forward on right, left, right  
                 **LADY:** Start by rocking forward, then back, then cha-cha step backwards

**Break the hold with man's right (lady's left) & form an arch with man's left hand still holding lady's right**

- 33-36      Man steps through the arch on step left, then right, then make ½ turn to man's left on cha-cha steps on left, right, left

**You have now changed places & facing each other. Change hands take lady's left hand with your right**

- 37-40      **MAN:** Change places again stepping right, then left, now make a ¼ turn right, to face forward on right, left, right  
                 **LADY:** Opposite feet & making ¼ turn to left

**REPEAT**