

Ride 'em Cowboy

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Leonie Smallwood (AUS)
音乐: Save a Horse (Ride a Cowboy) - Big & Rich



SADDLE UP & RIDE

1-2-3-4 Walk forward right, walk forward left, step right to right side, step left to left side
5-6-7-8 Jump (or chug) both feet forward x 4 (hips right left with each chug)

MAKE SOME NOISE

1&2&3&4 Step/rock right forward, replace weight to left, step/rock right back, replace weight to left, step right forward, pivot 180° left on left, scuff right beside left
&5&6&7&8 Step right to right side, tap left toe behind right, step left to left side, tap right heel in place, tap right toe behind left, ¼ turn right on left, lift right hip, drop right hip

UP & DOWN BROADWAY

1&2&3-4 Shuffle forward right, step left forward, lock right behind left, ½ turn right on left
5&6&7-8 Shuffle forward right, step left forward, lock right behind left, ½ turn right on left

& THE GIRLS SAY

&1-2-3-4 Step right to right side, step left to left side, put both thumbs in or near belt loops, roll both knees in a to the right semi-circle (lift heels, roll hips), tap both heels in place
5-6-7-8 Walk back right, left, right, left (cowboy style)

REPEAT

TAG

At the end of walls 2, 4 & 8 (i.e. At the end of every chorus) repeat the last 8 counts of the dance
