Ridin The Wind



编舞者: Nancy Morgan (USA)

音乐: Seminole Wind - John Anderson



STOMP RIGHT, BRUSH RIGHT, SHUFFLE FORWARD, REPEAT WITH LEFT

1-2-3&4 Stomp right next to left (keep weight on left), brush right, shuffle forward right, left, right 5-6-7&8 Stomp left next to right (keep weight on right), brush left, shuffle forward left, right, left

ROCK FORWARD AND BACK, $\frac{1}{2}$ TURN SHUFFLE FORWARD, STEP WITH $\frac{1}{4}$ TURN, SLOW COASTER STEP

1-2-3&4 Rock forward on right and back on left, pivot ½ turn to right as you shuffle forward right, left,

right

5-8 Step forward on left turning ¼ turn to right as you step, (slow coaster) step back on right, step

back on left, step forward on right

STEP, ½ TURN, SHUFFLE, STEP, ½ TURN, SHUFFLE

1-2-3&4 Step forward on left, pivot ½ turn to your right, shuffle forward left, right, left 5-6-7&8 Step forward on right, pivot ½ turn to your left, shuffle forward right, left, right

STEP, 1/4 TURN, STEP, 1/4 TURN, STOMP, BRUSH, STOMP, STOMP

1-4 Step forward on left, pivot ¼ turn to your right, repeat

5-8 Stomp left next to right, brush right bringing knee up, stomp right next to left, stomp left next

to right

REPEAT