

Rikki Tikki

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Curtis "Hoss" Marting (USA)
音乐: Weekend Song - Freestylers



- 1&2-3&4 Right sailor shuffle, left sailor shuffle
5-6 Rock forward on right foot, recover on left foot
7-8 Do a ½ turn to right stepping back on right foot, do a ½ turn to right stepping back on left foot
- 1&2 Shuffle forward right, left, right
3-4 Touch left toe to left side, roll left knee out doing ¼ turn left (weight remains on right)
5-6 Do a left forward lock step, step right foot in/behind left
7-8 Step forward on left foot, touch right toe beside left
- 1&2 Cross rock right over left, recover, step right to right side
3&4 Cross rock left over right, recover, step left to left side
5-8 Do a ¾ left while your right leg is lifted up in a fire hydrant position, touching right toe beside left foot on count "8" (weight remains on left)
- 1&2 Cross rock right over left, recover, ¼ turn to right stepping on right
3-4 Step forward on left foot, kick right foot forward
5-6 Giant step back on right foot, slide left foot back to right
7&8 Do a syncopated hip bumps left, right, left (weight remains on left)
- 1&2 Do a right kick-ball-cross (crossing left over right, traveling to the right)
3&4 Repeat count 1&2
5-6 Rock to right side on right foot, recover
7&8 Step right foot behind left, step side left on left foot, step across left on right foot
- 1&2& Rock forward on left foot, recover on right foot while doing syncopated hip bumps left, right, left, right (weight remains on right)
3&4& Rock back on left foot, recover on right foot while doing syncopated hip bumps left, right, left, right (weight remains on right)
5-8 Touch left heel forward, touch left toe back, step forward on left foot, do a ¼ turn to the right (weight remains on right foot)
- 1-2 Tap left heel twice, shifting weight to left foot on second tap
3&4&5 Touch right heel forward, recover, touch left heel forward, recover, touch right heel forward
6 Roll right foot to left while doing a ¼ turn left (weight remains on left foot)
7-8 Touch right toe beside left, roll right knee out doing ¼ turn to the right (weight remains on left)
- 1&2 Cross rock right over left, recover, step right to right side
3&4 Cross rock left over right, recover, step left to left side
5-6 Skate steps forward right, left
7-8 Do a 2 count body roll (weight remain on left foot)

REPEAT