Ring Around The Circle

级数: Improver

编舞者: Max Perry (USA)

拍数: 48

音乐: Standing On The Outside - Glenn Rogers

STEP SCUFFS TRAVELING FORWARD X 4

- Step forward right, scuff left forward, step forward left, scuff right forward 1-4
- 4-8 Step forward right, scuff left forward, step forward left, scuff right forward

FORWARD ROCK, STEP BACK, HOLD, ¼ TURN, SIDE STEP, CROSS, HOLD

- 1-2 Rock forward on right, rock back onto left
- 3-4 Step back right, hold
- 5-6 Step left back making 1/4 turn right, step right to right side
- 7-8 Cross left over right, hold

PADDLE FULL TURN RIGHT, PADDLE FULL TURN LEFT

- 1& Step right to right starting turn right, rock to left on ball of left slightly back
- 2& Step onto right continuing turn right, rock to left on ball of left slightly back
- 3&4 Repeat steps 1&2 to complete a full turn right over counts 1-4
- 5& Step left to left starting turn left, rock to right on ball of right slightly back
- 6& Step onto left continuing turn left, rock to right on ball of right slightly back
- 7&8 Repeat steps 5&6 to complete a full turn left over counts 5-8

CROSS BALL CHANGE TWICE, CROSS, BALL, CROSS, BALL, CROSS, BALL, CROSS

- 1&2 Cross right over left, rock to left side on left, rock into place on right
- 3&4 Cross left over right, rock to right side on right, rock into place on left
- 5& Cross right over left, step left to left side, slightly back
- 6& Cross right over left, step left to left side, slightly back
- 7&8 Cross right over left, step left to left and slightly back, cross right over left

CROSS, HOLD, SIDE, HOLD, RIGHT WEAVE

- 1-4 Cross left over right, hold, step right to right side, hold
- Cross left behind right, step right to right side 5-6
- 7-8 Cross left over right, step right to right side

WEAVE WITH ½ TURN RIGHT, TOUCH, HOLD (2 COUNTS), STEP TOGETHER

- 1-2 Cross left behind turning 1/4 right, step right forward
- 3-4 Step left forward turning 1/4 right, step right in place
- 5-7 Touch left forward, hold for 2 counts
- 8 Step left beside right

REPEAT





墙数: 4