

Ripped, Torn & Shattered

COPPER **NOB**
BY STEPHEN

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Trevor Smith (AUS)
音乐: Tore Up from the Floor Up - Wade Hayes



RIGHT TOE, HEEL, CROSS, HOLD / LEFT TOE, HEEL, CROSS, HOLD

1-2 Touch right toes beside left toes, touch right heel beside left toes
3-4 Step right foot across in front of left, hold
5-6 Touch left toes beside right toes, touch left heel beside right toes
7-8 Step left foot across in front of right, hold

½ MONTEREY TURN RIGHT, SWIVET, SWIVET

9-10 Touch right toes to right, pivot ½ turn right on ball of left foot & step right foot in beside left
11-12 Touch left toes to left, return left foot beside right
13-16 With the weight on the heels of both feet lift the toes of both feet of the floor & swivet toes to the right & back to center, repeat

RIGHT TOE HEEL BACK, LEFT TOE HEEL BACK, TOUCH RIGHT BEHIND ½ TURN RIGHT, REPEAT

17-18 Step back onto right toes, drop right heel to floor
19-20 Step back onto left toes, drop left heel to floor
21-22 Touch right toes behind left foot, pivot ½ turn right on ball of left foot
23-24 Repeat steps 21 & 22

RUN FORWARD RIGHT-LEFT-RIGHT, HITCH LEFT, STEP FORWARD ON LEFT & TURN ½ RIGHT, REPEAT

25-28 Run forward right-left-right, hitch left knee
29-30 Step forward onto ball of left foot, pivot ½ turn right onto right foot
31-32 Repeat steps 29 & 30

RUN BACK LEFT-RIGHT-LEFT, HITCH RIGHT, STEP FORWARD ON RIGHT & TURN ½ LEFT, REPEAT

33-36 Run backwards left-right-left, hitch right knee
37-38 Step forward onto ball of right foot, pivot ½ turn left onto left foot
39-40 Repeat steps 37 & 38

TOUCH RIGHT HEEL FORWARD AT 45 DEGREES RIGHT, HOLD, TOUCH RIGHT BEHIND LEFT, HOLD RIGHT ROLLING VINE, HOLD

41-42 Touch right heel forward at 45 degrees right, hold
43-44 Touch right toes behind left foot, hold
45-48 Step ¼ turn right onto right to commence full turn, turn ¼ right onto left foot, turn ½ turn right onto right foot to complete full turn, hold

TOUCH LEFT HEEL FORWARD 45 DEGREES LEFT, HOLD, TOUCH LEFT BEHIND RIGHT, HOLD, LEFT ROLLING VINE, TOGETHER

49-50 Touch left heel forward at 45 degrees left, hold
51-52 Touch left toes behind right foot, hold
53-56 Step ¼ turn left onto left to commence full turn, turn ¼ left onto right foot, turn ½ turn left onto left foot to complete full turn, step right foot in beside left

RIGHT HEEL JACK, LEFT HEEL JACK, RIGHT HEEL JACK, LEFT HEEL JACK

57-58 Jump back onto left foot at 45 degrees left touching right forward at 45 degrees right, jump feet together ending with weight on right & left toes touching floor beside right foot

59-60 Jump back onto right foot at 45 degrees right touching left forward at 45 degrees left, jump feet together ending with weight on left & right toes touching floor beside left foot

61-64 Repeat steps 57-60

REPEAT

Steps 13-16 can be replaced with right toe fans if the dancer finds the swivets too hard

Steps 45-48 & 53-56 can be replaced with a standard vine & steps 57-64 can be replaced by right & left 45 degrees if heel jacks are too hard or energetic for some

DEDICATION

This dance is specifically choreographed for the dancers of the Redback Bootscootin' Dance Co. who closed their doors on the 19th of December 1998 after 5 years as one of the most respected and successful line dance companies in Australia, having raised over \$50,000 for charity

To Mandy, Sue, Paul & all Redback Staff -- you will be missed by one & all. You have left us all, without a doubt, ripped, torn & shattered
