

# Ritual Tibetan

拍数: 40      墙数: 4      级数: Intermediate  
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音乐: Ritual Tibetan - Kaliya



## HEEL SWITCHES MOVING FORWARD X4, FORWARD ROCK, TRIPLE ½ RIGHT

1&2      Touch right heel forward, step right heel down (slightly forward), touch left heel forward  
&      Step left heel down (slightly forward)  
3&4&      Repeat 1-2&  
5-6      Rock forward on right, back on left  
7&8      Triple step a ½ turn right stepping right, left, right  
9-16      Repeat 1-8 on left leg (change steps 7&8 to a ¾ turn)

## SIDE HOLD, EXTENDED CHASSE RIGHT, SIDE ROCK, CROSS SHUFFLE

17-18      Step right to right side, hold  
&      Step left beside right  
19&20      Step right to right side, step left beside right, step right to right side  
&      Step left beside right  
21-22      Rock right to right side, rock left in place  
23&24      Cross step right over left, step left to left side, cross step right over left

## FULL TURN RIGHT MOVING FORWARD, SHUFFLE FORWARD, ROCK FORWARD, COASTER STEP

25-26      On ball of right turn a ½ turn right stepping left back, on ball of left turn a ½ turn right stepping right forward  
27&28      Step left forward, close right beside left, step left forward  
29-30      Rock forward on right, back on left  
31&32      Step right back, step left beside right, step right forward

## SYNCOPATED JAZZ BOX, KICK STEP SIDE TOUCH, KICK ¼ TURN TOUCH

33-34      Cross step left over right, step right back  
&      Step left beside right while turning a ¼ turn left  
35-36      Step right forward, step left forward  
37&38      Kick right foot forward, step right in place, touch left toe to left side  
39&40      Kick left foot forward, step left in place while turning a ¼ turn left, touch right beside left

**REPEAT**

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