

The Rock Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Improver
编舞者: Maureen Jones (UK) & Michelle Jones (UK)
音乐: We Will Rock You - Queen



ROCK, TOUCH BACK, HOLD, STEP, ½ TURN, STOMP, HOLD

- 1-2 Rock forward on right, recover weight on left
- 3-4 Touch right back, hold
- 5-6 Step forward on right, pivot ½ turn left (weight ends on left)
- 7-8 Stomp right beside left, hold

POINT LEFT, TOUCH, POINT LEFT, HOLD, KICK, CROSS, POINT RIGHT, HOLD

- 9-10 Point left toes to left, touch left beside right
- 11-12 Point left toes to left and punch left fist towards floor, arm straight & parallel to left leg, hold
- 13-14 Kick left forward, step left across right
- 15-16 Point right toes to right and punch right fist towards floor, arm straight & parallel to right leg, hold

ROCK BACK, RECOVER, STEP, HOLD, ROCK BACK, RECOVER, STEP, HOLD

- 17-18 Rock back on right, recover on left
- 19-20 Step forward on right, hold
- 21-22 Rock back on left, recover on right
- 23-24 Step forward on left, hold

HEEL TOUCH, STEP, STOMP, HOLD, BUMP HIPS LEFT-RIGHT-LEFT, HOLD

- 25-26 Touch right heel forward, step right beside left
- 27-28 Stomp left forward, hold
- 29-30 Bump hips left, bump hips right
- 31-32 Bump hips left, hold

REPEAT

During the introduction, prior to the vocals, arm movements may be added as follows:

- 1-2 Clap, clap
- 3-4 Punch both fists upwards, hold

Repeat until dance starts on vocals.
