

Rock Me Slowly

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Lesley Stewart (SCO) - March 2018
音乐: Cryin' For Nothin' - Gary Allan : (CD: Smoke Rings In The Dark)



Intro: 16 count intro start on vocals

Tags: There is 2 wee tags to this wee dance, they are very easy.

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, ½ TURN SHUFFLE

1-2 Rock forward on right, recover on left
3-4 Rock back on right (looking over your right shoulder), recover on left
5-6 Rock forward on right, recover on left
7&8 ½ turn right stepping forward on right, step left next to right, step forward on right

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, ½ TURN SHUFFLE

1-2 Rock forward on left, recover on right
3-4 Rock back on left (looking over your left shoulder), recover on right
5-6 Rock forward on left, recover on right
7&8 ½ turn left stepping forward on left, step right next to left, step forward on left

ROCK FORWARD, RECOVER, RIGHT LOCK BACK, ROCK BACK, RECOVER, STEP ¼ TURN

1-2 Rock forward on right, recover on left
3&4 Step back on right, lock step left over right, step back on right
5-6 Rock back on left, recover on right
7-8 Step forward on left, ¼ turn right

ROCK FORWARD, RECOVER, ½ TURN SHUFFLE X 2, COASTER STEP

1-2 Rock forward on left, recover on right
3&4 ½ turn left stepping forward on left, step right next to left, step forward on left
5&6 ½ turn left stepping back on right, step left next to right, step back on right
7&8 Step back on left, step right next to left, step forward on left

Tag 1, At the end of wall 1, 4 & 7 Sway L R, L, R,

Tag 2, At the end of wall 3, Step ½ turn left x2, Sway R, L, R, L

Start Again.....Happy Dancing.....

Last Update – 21st March 2018