Rock This Party



拍数: 64 墙数: 2 级数: Intermediate

编舞者: Simon Ward (AUS)

音乐: Rock This Party (Everybody Dance Now) (feat. Dollar Man, Big Ali & Makedah) -

Bob Sinclar & Cutee B.



SIDE, RECOVER, WEAVE LEFT, SIDE, RECOVER, WEAVE RIGHT TURN 1/4

1-2 Rock right to side, recover onto left

3&4 Cross right behind left, step left slightly to side, cross right over left

5-6 Rock left to side, recover onto right

7&8 Cross left behind right, step right slightly to side, turn ½ right and step left forward (3:00)

FORWARD, BACK, COASTER STEP, FORWARD, 1/4 RIGHT, TRIPLE FULL TURN LEFT

1-2 Rock right forward, recover onto left

3&4 Step right back, step left together, step right forward 5-6 Step left forward, turn ¼ right (weight to right, 6:00)

7&8 Shuffle to side turning a full turn left stepping left, right, left (6:00)

CROSS/ROCK, BACK, SHUFFLE TO RIGHT, FORWARD, BACK, 1/2 LEFT SHUFFLE

1-2 Cross/rock right over left, recover onto left

3&4 Shuffle to side right, left, right

5-6 Rock left forward, recover onto right

7&8 Shuffle back turning ½ left and step left, right, left (12:00)

(SYNCOPATED) FORWARD, LOCK, FORWARD, LOCK, FORWARD, JAZZ BOX

1&2& Step right forward and bump hip forward, lock left behind right, step right forward and bump

hip forward, lock left behind right

3&4 Step right forward and bump hip forward, lock left behind right, step right forward and bump

hip forward

5-6 Cross left over right, step right back

7-8 Step left to side, step right to side and bump hip right (12:00)

Look right optional

14 LEFT, 12 LEFT, COASTER STEP, FORWARD, 12 RIGHT, COASTER STEP

1-2 Turn ¼ left and step left forward, turn ½ left and step right back (3:00)

3&4 Step left back, step right together, step left forward

5-6 Step right forward, step left forward (3:00)

7&8 Turn ½ right and step right back, step left together, step right forward (9:00)

1/4 RIGHT, FUNKALICIOUS FUNKY WEAVE, ROCK FORWARD, BACK, 1/2 RIGHT, PADDLE TURN RIGHT

1 Turn ¼ right and step left to side

Left leg straight, right leg bent

2 Cross right behind left

Right leg straight, left leg bent

3 Step left to side

Left leg straight, right leg bent, turning to left diagonal (10:30)

4-5 Rock right forward, recover to left (10:30)

Turn ½ right and step right forward (facing 4:30)
Turn ¼ right and touch left to side (facing 7:30)

8 Turn 1/8 left and step left together (6:00)

Counts 6-7-8 are like a paddle turn

Restart here on walls 2 & 4

SIDE, RECOVER, WEAVE LEFT, TOUCH FORWARD, SIDE, WEAVE RIGHT

1-2 Rock right to side, recover onto left

3&4 Cross right behind left, step left to side, cross right over left

5-6 Touch left toe forward, touch left toe to side

Turn body slightly left on side TOUCH

7&8 Cross left behind right, step right to side, cross left over right (6:00)

FORWARD, BACK, COASTER STEP, FORWARD, SHOULDER POPS WITH TURN

Turn 1/8 right and rock right forward, recover to left (7:30)

Step right back, step left together, step right forward (7:30)

5 Step left forward and pop right shoulder up & left shoulder down (7:30) 6-7 Turn 1/8 right and pop left shoulder up and pop right shoulder down

7 Pop right shoulder up and pop left shoulder down

8 Complete turn

Facing 6:00 (legs should be crossed), square up shoulders & release right ready to start again

REPEAT

RESTART

Restart after count 48 on walls 2 and 4