

Rock Your Body

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: David Camm (AUS)
音乐: Rock Your Body - Justin Timberlake



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|----------|---|
| 1&2-3-4 | Rock right across left, recover to left, rock back on right, recover weight forward on left, cross right over left, unwind $\frac{1}{2}$ turn left (keeping weight on left) |
| 5&6-7&8& | Right sailor (right-left-right) left sailor (left-right-left), step right next to left |
| 1&2-3&4 | Rock left across right, rock back on right, side shuffle left (left-right-left) |
| 5&6-7-8 | Stomp forward on right, clap hands twice, roll hips to the left twice |
| 1&2-3&4 | Rock right across left, recover weight back to left, side shuffle to right, (right-left-right) making a $\frac{1}{4}$ turn right |
| 5-6-7-8& | Making a $\frac{1}{2}$ turn left, step back on left, step back on right, step back on left, step back on right, step left next to right |
| 1-2&3&4 | Step forward on right, tap left next to right, step back on left, place right heel forward, step forward on right, tap left next to right |
| 5-6&7&8 | Step left to left side, drag right next to left, roll to left stepping (left-right-left) |

REPEAT
