

Rocket Through Time

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
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音乐: Saddle Up - Rick Tippe



FORWARD SWIVELS

- 1 Step forward on ball of right, turning body and pointing right toe at a 45 degree angle to right
- 2 Step forward on ball of left, turning body and pointing left toe at a 45 degree angle to the left
- 3 Step forward on ball of right, turning body and pointing right toe at a 45 degree angle to right
- 4 Step forward on ball of left, turning body and pointing left toe at a 45 degree angle to the left

ROCK, STEP, ½ TURN RIGHT COASTER

- 5-6 Rock forward on right foot, step left foot back
- 7& Starting a ½ turn to right step right behind left, step left next to right
- 8 Step forward on right completing turn

SYNCOPATED VINE LEFT

- 1& Step left to the left side, step right behind left
- 2& Step left to the left side, step right behind left
- 3& Step left to the left side, step right behind left
- 4 Step left to the left side, feet a shoulders' width apart

UPPER BODY CIRCLE, SNAP FEET TOGETHER

Moving upper body only, with hands at sides

- 5-7 Bend forward then circle upper body to left, back, to right
- 8 Straighten body, pull up with hands (like pulling up your pants), and snap feet together

BRUSH FORWARD, BACK, STEP, LOCK, STEP

- 1-2 Brush right forward at a 45 degree angle to right, brush right toe back, crossing in front of left
- 3&4 Step right to the right, lock step left behind right, step right to the right

BRUSH FORWARD, BACK, ¼ TURN AND STEP, LOCK, STEP

- 5-6 Brush left forward at a 45 degree angle to the left, brush left toe back, crossing in front of right
- 7&8 Step left forward turning ¼ to the left, lock step right behind left, step left forward

POINT RIGHT AND LEFT AND RIGHT, HITCH, TOUCH

- 1& Point right toe to right side, step right next to left
- 2& Point left toe to left side, step left next to right
- 3&4 Point right toe to right side, hitch right knee, touch right toe to right side

TURN AND STEP, TOUCH, FULL TURNING SHUFFLE

- 5-6 Step right turning ¼ to the right, touch left toe next to right foot
- 7& Step left turning ½ to the left, step right back turning ½ to the left
- 8 Completing full turn, step left together with right, placing weight on left

REPEAT