

Rockit

拍数: 32 墙数: 2 级数: Beginner
编舞者: Leslie Moore (USA)
音乐: I Can Love You Better - The Chicks



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|-----|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1-2 | Rock forward on right foot, recover back on left |
| 3-4 | Rock back on right foot, recover forward on left |
| 5-6 | Rock to right side on right foot, recover in place on left |
| 7-8 | Stomp right foot twice |
| 1-4 | Right grapevine (step right to right side, step left behind right, step right to right side, scuff left heel) |
| 5-8 | Left grapevine turning $\frac{1}{4}$ to left on third beat, scuff on fourth beat (step left to left side, step right behind left, step left to left side to turn $\frac{1}{4}$ to left, scuff right heel) |
| 1-2 | Step forward on right foot, slide left to meet |
| 3-4 | Step forward on right foot, hitch (lift) left knee |
| 5-6 | Step forward on left foot, slide right to meet |
| 7-8 | Step forward on left foot, hitch (lift) right knee |
| 1-4 | Walk backward right, left, right, touch left next to right |
| 5-8 | Left grapevine turning $\frac{1}{4}$ to left on third beat, scuff on fourth beat (step left to left side, step right behind left, step left to left side to turn $\frac{1}{4}$ to left, scuff right heel) |

REPEAT
