Rodeo Delight (P)

拍数: 52

级数: Improver partner/contra dance

编舞者: Izabella Karcz (POL) & Malgorzata Sliwinska (POL)

音乐: Little Bitty - Alan Jackson

Position: Two persons standing face to face but not directly opposite (they should easily pass one another)

THREE STEPS FORWARD, HITCH, THREE STEPS BACK, HITCH AND CLAP

- 1-4 Step forward right, left, right; hitch with left and clap hands
- 5-8 Step back left, right, left, hitch with right and clap hands

DO-SI-DO

- 9-12 Step forward right, left; step forward and slightly right with right, left (you should stand back to back with your partner)
- 13-16 Step back and slightly right with right, back with left, right, stomp with the left beside right. (you should stand exactly face-to-face to your partner)

JUMPS

17-20 Right heel forward, jump onto a left heel forward, repeat

JAZZ BOX STEP (REGGAE), KICK-BALL-CHANGE, ¼ TURN

- & Quick change body weight onto left foot
- 21-24 Step right in front of left, step back with the left, right foot to the right, stomp left beside right
- 25-28 Kick-ball-change with right, cross right foot over left and turn ¹/₄ turn on ball of left foot, pushing with the right toe to turn

CROSS, KICK, TRIPLE STEP

- 29-32 Cross right foot touching toe in front of left, kick forward with the right, bring right foot to the left foot and stomp with the left
- 33-36 Triple step right, triple step left
- 37-40 Right toe forward (heel high), flatten foot, pivot turn to left (½ turn) on ball of right foot with heel high, then heel down
- 41-44 Triple step right, left

REVERSED STAR, QUARTER TURN LEFT, GRAPEVINE LEFT

- 45-46 Standing on the left, touch with the right toe back, right
- 47-48 Stand right heel forward (change body weight onto right foot) while turning ¼ turn left, stomp with the left
- 49-52 Step left with the left, stand right behind left, step left with the left, stomp right beside left and clap hands. (you should end in position you started)

REPEAT





墙数:1