

The Sailors Hornpipe

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: ultra Beginner
编舞者: Barbara Lowe (UK)
音乐: The Sailors Hornpipe - The Royal Philharmonic Orchestra



This is a very fast intro. Start dancing at 11 sec

RIGHT MAMBO, LEFT COASTER STEP (TWICE)

1-4 Rock forward on right, recover to left in place, step right foot together, hold
5-8 Step left foot back, step right foot together, step left foot forward, hold
9-16 Repeat 1-8

WEAVE RIGHT, ROCK AND CROSS, TURN, STEP

1-4 Step right to side, step left behind right, step right to side, cross step left over right
5-8 Repeat 1-4
9-12 Rock right to side, recover to left, cross right over left, hold
13-16 Step forward on left, turn ½ right (weight to right), step forward on left, hold

REPEAT