

编舞者: Max Perry (USA)

音乐: Como Me Duele Perderte - Gloria Estefan



KICK, ROCK SIDE, IN PLACE, TOGETHER, KICK, ROCK SIDE, IN PLACE, TOGETHER

Kick right forward, rock right to right side, step left in place, step right next to left
 Kick left forward, rock left to left side, step right in place, step left next to right

KICK, STEP BACK, TOGETHER, FORWARD

1-4 Kick right forward, step right back, step left next to right, step right forward

SCUFF, JAZZ BOX TURNING 1/4 LEFT

5-8 Scuff left heel forward, cross left over right, step back right turning ¼ left, step left side

WEAVE, RONDE', WEAVE WITH 1/4 TURN RIGHT, SCUFF

1-2-3 Step right forward & across left, step left side, cross right behind left
4-5 Circle left foot out & around behind right, step on left on count 5

6-7-8 Turn ¼ right & step right forward, step left forward, scuff right heel forward count 8

JAZZ BOX TURNING 1/2 RIGHT, TOGETHER, 1/2 MONTEREY, TOGETHER, IN PLACE

1-4 Cross right over left, step left back & turn ¼ right, step right side, step left next to right

5-8 Rock right to right side (instead of touch), step left in place & turn ½ left, step right next to left,

step left in place

KICK FORWARD, STEP BACK, CROSS, BACK

1-4 Kick right forward, step right back, cross left in front of right (traveling back), step right back

KICK FORWARD, CROSS BEHIND & TURN 1/2 LEFT, IN PLACE, IN PLACE

5-8 Kick left forward, cross left behind right & start to turn ½ left, step right in place continuing to

turn, step left in place - finishing turn if you need to

ROCK STEP TO TRAVELING PIVOTS BACKWARD

1-4 Rock right forward, step onto left & turn ½ right, step right forward & turn ½ right, step left

back & turn ½ right

STEP FORWARD, 1/2 TURN RIGHT, TOGETHER

5-8 Step right forward, step left forward & turn ½ right, step right in place, step left next to right

KICK FORWARD, BACK, CROSS, BACK, KICK FORWARD, BACK, CROSS, BACK

1-4 Kick right forward, step right back, cross left over right, step right back
5-8 Kick left forward, step left back, cross right over left, step left back

These are like backward traveling cha-cha crosses or locks

KICK FORWARD, STEP BACK, TOGETHER FORWARD, KICK FORWARD, STEP BACK, TOGETHER FORWARD

1-4 Kick right forward, step right back, step left next to right, step right forward 5-8 Kick left forward, step left back, step right next to left, step left forward

REPEAT