Sea Of Heartbreak



编舞者: Ellen Kiernan (USA)

音乐: Sea of Heartbreak - Jimmy Buffett & George Strait



RIGHT TOUCH FORWARD, SIDE, ARC SWEEP INTO TRIPLE STEP

Touch right foot forwardTouch right foot to right side

& Sweep right foot slightly behind left

3&4 Triple slightly behind, side, in place right-left-right

LEFT TOUCH FORWARD, SIDE, ARC SWEEP INTO TRIPLE STEP

Touch left foot forwardTouch left foot to left side

& Sweep left foot in arc to slightly behind right
7&8 Triple slightly behind, side, in place left-right-left

SWAY RIGHT-LEFT-RIGHT, HOLD, ½ RIGHT TURN, SWAY LEFT-RIGHT-LEFT, HOLD

1-4 Step out to right, sway to left then right, hold

5 Turn ½ right on ball of right foot and step out with left

6-8 Sway to right then left, hold

RIGHT ROCK, RECOVER, COASTER, REPEAT WITH LEFT

1-2 Rock forward on right, recover back on left3&4 Step back on right, back on left, forward on right

5-6 Rock forward on left, recover on right

7&8 Step back on left, back on right, forward on left

RIGHT, TOGETHER, FORWARD, HOLD, REPEAT WITH LEFT

Step right to right side, left next to right, step forward on right, holdStep left to left side, right next to left, step forward on left, hold

REPEAT