# Send Your Love



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Alan Birchall (UK) 音乐: Send Your Love - Sting



#### RIGHT SAILOR STEP, 1/4 SAILOR TURN LEFT, STEP, 1/2 PIVOT, WALK TWICE

1&2	Cross right behind left, step left to left, step right in place

3&4 Cross left behind right making ¼ turn left, step right in place, step forward on left (facing 9:00)

5-6 Step forward on right, ½ pivot left (facing 3:00) Walk forward on right, walk forward on left

#### 'ANKLE BREAKERS', STEP DIAGONALLY BACK, TOUCH TWICE

1&2 Cross right over left on balls of both feet rock left, right, left

Alternative: swivel heels with legs crossed

3-4 Step diagonally back on right, step left by right

5&6 Cross right over left on balls of both feet rock left, right, left

Alternative: swivel heels with legs crossed

7-8 Step diagonally back on right, step left by right

# FULL PADDLE TURN LEFT, ROCK, WITH HIP BUMPS

&1	Making ¼ pivot left, touch right to right (facing 12:00)
&2	Making ¼ pivot left, touch right to right (facing 9:00)
&3	Making ¼ pivot left, touch right to right (facing 6:00)
&4	Make ¼ pivot left, touch right to right (facing 3:00)

Rock right to right bumping hips right, left, right alternative: rock right with shimmies
Recover on left bumping hips left, right, left alternative: recover left with shimmies

## ROCK, RECOVER, STEP, ROCK RECOVER, CROSS, STEP, 1/4 COASTER TURN

1-2 Rock right to right, recover on left

&3-4 Step right by left, rock left to left, recover on right

5-6 Cross left over right, step right to right

7&8 Making ¼ turn left step back on left, step right by left, step forward on left (facing 12:00)

#### SYNCOPATED TWINKLES TWICE, FRONT SAILOR 1/2 TURN, STEP 1/4 PIVOT, HEEL BALL 1/4 TURN

1&2	Cross right over left, small step diagonally back on left, step right by left
3&4	Cross left over right, small step diagonally back on right, step left by right

5&6 Cross right over left, step left to left making ½ turn right, step forward on right (facing 6:00)

7 Making ¼ turn right step left to left (facing 9 '0' clock)

8&1 Making ¼ turn right touch right heel forward, step right by left, cross left over right (facing

12:00)

#### STEP, FORWARD MAMBO, 1/2 TRIPLE TURN, LEFT SHUFFLE

2	Step forward on	~:~b+
_	Sied forward on	nam

Rock forward on left, recover on right, step back on left
Make ½ triple turn right stepping right left right (facing 6:00)
Step forward on left, step right by left, step forward on left

#### SYNCOPATED ROCK STEPS, BEHIND, SIDE, TURN, ½ PIVOT, STEP

	l on right to right	

2& Rock right to right, recover on left3& Rock back on right, recover on left

4 Step right to right

5&6 Cross left behind right, step right to right making ½ turn right, step forward on left (facing

9:00)

7-8 ½ pivot right (weight ends on right), step forward on left (facing 3:00)

### HEEL SWITCH'S, STEP, 1/4 PIVOT LEFT, HEEL SWITCH'S, ROCK 1/4 TURN LEFT

Touch right heel forward, step right by left, touch left heel forward &3-4 Step left by right, step forward on right, ¼ pivot turn left (facing 12:00) Touch right heel forward, step right by left, touch left heel forward

7&8 Step left by right, making ¼ turn left rock forward on right, recover on left (facing 9:00)

# **REPEAT**