Sensual Rhythm

级数: Improver

编舞者: Gloria Davis

拍数: 72

音乐: Rhythm Divine - Enrique Iglesias

TOE TOUCHES WITH ½ TURN

1-8 Touch right toe to right, left toe to left, right toe to right, step left foot forward, turn to right

1/2 TURN, STOMPS AND HIPS

Step left foot forward, turn to right, stomp left, stomp right, bump right hip twice to right, bump 9-16 left hip twice to left

HIP BUMPS

Bump right hip to right, bump left hip to left, bump right hip to right, bump left hip to left, bump 17-24 right hip to right twice, bump left hip to left twice

BACK STEPS AND ROCK STEPS

Step back with right, step back with left, step back with right, step back with left, rock back 25-32 with right, rock forward with right

ROCK, 1/2 TURNS, STOMPS

33-40 Rock back with right foot, step forward with right, ¹/₂ turn to left, step forward with right, turn to left stomp right, stomp left

SHUFFLES FORWARD WITH ROCKS OUT TO SIDES

41-48 Shuffle forward right, left, right, rock out to left with left foot, step left home, shuffle forward left, right, left, rock out to right with right foot, step right foot home

SHUFFLES FORWARD WITH ROCKS OUT TO SIDES

49-56 Shuffle forward with right, left, right, rock out to left with left foot, step left home, shuffle left, right, left, rock out to right with right foot, touch right foot home

VINE IT ¼ TURN AND ½ TURN

57-64 Step right foot to right, step left foot behind right, turn right foot¹/₄ turn to right, step left forward and turn 1/2 to right, step left foot rocking forward, step left foot rocking back

1/2 WALKS FORWARD, SHUFFLE, AND ROCKS

65-72 Walk forward with right foot, walk forward with left foot, shuffle forward with right, left, right, rock forward with left, rock back with left, step home with left on 1/2 count

REPEAT





墙数:4