Sergeant's Jam



拍数: 32 编数: 2 级数: Intermediate

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音乐: Didn't Your Mama Tell You - Montgomery Gentry



HITCH/HIP BUMPS/SAILOR SHUFFLE/KICK-BALL-CHANGE

0	بيمما الممارم أميما ماملا ال	
&	Hitch right leg u	aL

1&2 Step forward at an angle (1:00) on right foot and do hip bump forward and back and forward

&3&4 And hip back and forward and back and forward

& And (bring right foot up)

5&6 Cross right behind left and step to the left with left and step forward on right

7&8 Kick left foot out in front-step quickly on ball of left foot next to right foot-step right foot

forward

LEFT ROLLING VINE(FULL TURN)/RIGHT TOE TOUCH/GRAPEVINE RIGHT-STEP

9	Turn ¼ turn left and step forward
10	On ball of left foot, turn ¼ turn left and step on right
11	On ball of right foot turn ½ turn left (you will now be facing where you started)
12	Touch right toe next to left (no weight)
13	Step right foot to right side
14	Cross left foot behind right foot
15	Step to the right with right foot

HEEL JACKS/RIGHT HEEL TOUCH/LEFT TOE TOUCH

Step slightly forward onto left foot

17&18 Touch right heel out in front at an angle and bring it back and step on ball of right foot and

bring left heel out in front

& Step back onto ball of left foot
19 Touch right heel out in front
& Step back onto right foot
20 Touch left toe back

JUMP OUT &TOUCH/CROSS/TURN/HOLD

&	Jump slightly forward onto left foot
21	Touch right toe out to right side

Touch across left foot with right toe-putting weight on it Pivot ½ turn to the left-transfer weight to the right foot

24 Hold

SHUFFLE/SHUFFLE/BODY ROLL

25&26	Bring left foot forward-then step on ball of right foot and step forward onto left foot
27&28	Bring right foot forward-then step on ball of left foot and step forward onto right foot
29&30	Bring left foot forward-then step on ball of right foot and step forward onto left foot

Putting weight forward onto right foot-bring right shoulder forward and roll body forward and

back. Weight will now be on left foot

REPEAT

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