

Sex Machine

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate/Advanced
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音乐: Sex Machine - Mýa



TOUCH & TOUCH, TURN/POINT & CROSS, TWIST & TWIST, TURN-TAP-STEP

1&2 Touch right toe next to left, step right together, touch left toe next to right
& Step left together
3&4 Turn ¼ left and point right to side, step right next to left, cross step left over right
5&6 Step right to side and twist heels right, twist left, twist right making a ¼ turn left as you hitch left leg
7&8 Step forward on left, turn ½ left and tap right next to left, step right to side

ROCK & SCUFF & ROCK & SCUFF &, FORWARD-ROCK, BEHIND & SIDE

1&2& Rock back on left, recover onto right, scuff left, step left to side
3&4& Rock back on right, recover onto left, scuff right, step right to side
5-6 Rock forward on left, recover weight onto right
7&8 Sweep and step left behind right, step right to side, large step left on left hitching right

BUMP FORWARD & FORWARD & FORWARD & RIGHT & RIGHT & RIGHT, HOLD, LEFT, RIGHT

1&2& Step forward on right with right knee bent slightly bumping hips forward, back, forward, back
3&4 Bump hips forward, take weight on left as you hitch right leg, step right to side and bump hips right
& Bump hips left
5&6 Bump hips right, left, right
7 Hold
&8 Bump hips left, bump hips right taking weight onto right and hitch left

CROSS, UNWIND, SIDE, CROSS, KICK & STEP & CROSS & POINT &

1-2 Cross step left over right, unwind ½ turn right (option: slap hips on count 2)
3-4 Step right to side, cross step left over right (bounce shoulders on count 3&4)
5&6& Kick right to right side, step right behind left, step left in place with ¼ turn right, step right in place
7&8& Cross step left over right, step right to side, point left to side, step left to center

Styling: on count 8 make sure all weight is on right leg, roll head out to right side

REPEAT