

Sexy Love

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Kash Bane (UK)
音乐: Sexy Love - Ne-Yo

墙数: 4

级数: Intermediate/Advanced hip hop



STEP, STEP, POINT, POINT, STEP, FULL SPIRAL, STEP, POINT (WITH ARMS), ARM WRAP WITH WEIGHT CHANGE, HOOK & HITCH(WITH ARMS), SLIDE

- 1&2 Step forward on right, step forward on left, point right toe forward
- &3-4 Point right toe to right side, step forward on right, complete a full turn on ball of right hitching left knee at right leg
- &5 Step down on left, point right toe to right side while bending left knee
- On count 5 raise right arm to the front of face, palm outward**
- 6 Shifting weight to right leg, wrap right arm around the back of head
- &7&8& Shift weight back to left and stand straight(&), hook right leg at left shin(7), hitch right knee(&), stepping back on right(8), slide left heel towards right foot(&)
- On count 7 cross arms in front of waist, wrists facing floor. On the hitch, raise arms to each side, palms facing out. On slide, push arms forward**

CUPID (HITCH WITH ARMS), BOUNCES (WITH ARMS), ROCK, CROSS, POINT, FULL TURN WITH RONDE

- 1-2 Step left to left diagonal (so body faces left diagonal), hitch right knee at left leg
- On count 2, reach right arm straight in front of you and reach left arm out but so it is closer to body, as if your holding a bow**
- 3&4 Do a ¼ turn right (to face right diagonal) by bouncing on ball of left foot and keep right knee hitched
- As you bounce, bring right arm in and stretch left arm fully out (swapping positions)**
- &5&6 Straightening up, rock right leg to right side(&), recover onto left(5), cross right over left(&), point left toe to left side(6)
- 7-8 Make a ½ turn over right shoulder stepping left to left side, make a further ½ turn on ball of left sweeping right leg out and behind left leg

BEHIND, SIDE, CROSS, SIDE ROLL AND STEP, KICK (WITH ARMS), SLIDE (WITH ARMS), KNEE POPS

- 1&2 Step right behind left, step left to left side, cross right over left
- 3-4 As you step left to left side, rotate your whole upper body to the left (bend knees and lower upper body, straighten knees and raise upper body)
- 5&6 Do a ¼ turn left by kicking right foot out, step back on right, slide left heel to right
- On count 5 raise hands up and over head pointing index finger forward. As you slide back, recoil arms and place hands on head***
- 7-8 Pop right knee upwards, pop left knee upwards

¼ TURN HIP ROLL, ¼ TURN HITCH, CROSS LUNGE, UNWIND, SWEEP, LEFT SAILOR

- 1-2 Rolling hips around to the left make a ¼ turn left
- 3-4 On ball of left do a ¼ turn left while hitching right knee, lunge forward as if you are kneeling down and slightly cross right in front of left (do not place knee on floor)
- 5-6 As you raise up, unwind a ½ turn over left shoulder (keep weight on right foot), sweep left out and behind right
- 7&8 Step left behind right, step right to right side, step left to left side

REPEAT

For a harder ending, when you finish on count 16, finish the rondé round, cross behind left leg and fully unwind