

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Jenny Stephenson (UK) & Nicola Lafferty (UK)  
音乐: Sweet Home Alabama - Jewel

**WALK, ½ TURN, COASTER STEP, ¾ TURN WITH HITCHES, CROSS ROCK AND SLIDE**

- 1-2      Walk forward right, making ½ turn right, step back on left
- 3&4      Right coaster step
- &5      Hitch left knee, make ¼ turn right stepping left to left side
- &6      Hitch right knee, make ½ turn right stepping right to right side
- 7&8      Cross rock left over right, recover weight on right, step left big step to left side

**COASTER STEP, ½ PIVOT, LOCKS WITH KNEE POPS**

- 1&2      Right coaster step
- 3-4      Step forward left, ½ pivot right
- 5-6      Step forward left, lock right behind left, popping both knees forward
- 7-8      Step forward left, lock right behind left, popping both knees forward

**STEP, BRUSH, HITCH, ¼ TURN, CROSS SHUFFLE, HIP PUSH, ½ TURN**

- 1-2&      Step forward left, brush right foot forward, hitch right knee, making ¼ turn left
- 3&4      Right cross shuffle
- 5      Step left foot a big step to left side, sit into hip and raise toe of right foot
- 6      Recover weight onto right foot
- 7      Cross left foot over right foot
- &      Making ¼ turn left, step back on right foot
- 8      Making ¼ turn left, step left foot to left side

**SYNCOATED ROCKS IN SECOND POSITION, CROSS, ¼ TURN, BALL CHANGE & WALKS**

- &1      Keeping feet apart in 2nd position and angling body to left diagonal, step right foot in place, step left foot in place
- &2      Keeping feet apart in 2nd position and angling body to left diagonal, step right foot in place, step left foot in place
- 3-4      Cross right foot over left foot, step left foot back while making ¼ turn right
- &5      Step right beside left, step left foot small step forward
- 6      Step right foot forward
- 7      Making ¼ turn left, step left foot forward
- &8      Step right foot forward, ½ pivot left, taking weight onto left

**REPEAT****TAG**

After first wall of dance:

**GRAPEVINE TO RIGHT (LINKING ARMS), ROLLING VINE TO LEFT (AIR GUITAR)**

- 1-4      Linking arms with people on either side: step right to right side, step left behind right, step right to right side, touch left heel to left diagonal
- 5-8      Rolling vine to left, touch right beside left (while playing air guitar)

**Begin again**

Tag is only needed when using the Jewel version of Sweet Home Alabama, not needed when using Lynyrd Skynyrd/Steve Miller Band versions