

# Shadows

**COPPER KNOB**  
BY STEPHEN BRETZ

拍数: 64      墙数: 2      级数: Intermediate/Advanced  
编舞者: Adrian Lefebour (AUS)  
音乐: Almost Here - Delta Goodrem With Brian McFadden



## **SIDE ROCK REPLACE, ROCK FORWARD REPLACE, ½ TURN RIGHT, ½ PIVOT TURN, ½ TURN, ½ SHUFFLE**

- 1-2&      Rock left to left, replace weight back on right, step left next to right  
3-4&      Rock forward on right, replace weight back on left, step right forward for ½ turn over right shoulder  
5-6&      Step left forward and ½ pivot right, step left back for ½ turn over right shoulder  
7&8&      Do ½ turn shuffle forward over right shoulder - right left right, step left next to right (weight on left)

## **ROCK BACK REPLACE ½ TURN TWICE, BACK LOCK BACK TWICE**

- 1-2&      Rock back on right, replace weight back on left, ½ turn over left stepping right next to left  
3-4&      Rock back on left, replace weight back on right, ½ turn over right stepping left next to right  
5&6      Step right back, lock left over right step right back  
7&8      Step left back, lock right over left step left back

## **SWAY HIPS RIGHT LEFT, ½ TURN, RIGHT SAILOR DRAG, LEFT SAILOR DRAG, BEHIND SIDE**

- 1-2&3      Step right to right sway hips right, sway hips left, ½ turn over right step right down, step left to left side  
4&5      Right sailor step, drag left towards right  
6&7      Left sailor step, drag right towards left  
8&      Step right behind left, step left slightly to left side

## **SWAY HIPS RIGHT LEFT, FULL TURN ON RIGHT, STEP LEFT FORWARD, BACK DRAG TWICE, SHUFFLE BACK**

- 1-2      Step right to right - sway hips right, sway hips left  
3-4      Step right down, do full turn on right while hitching left next to right - turning over right, step left forward  
5&6&      Step right back, drag left next to right, step left back, drag right next to left (do on diagonal)  
7&8      Shuffle back on right stepping right left right (do on diagonal)

## **FULL TURN FORWARD, ROCK BACK REPLACE ½ TURN TWICE, BACK SHUFFLE**

- 1&2      Full turn over left-step left down, step right back for ½ turn, step left forward for ½ turn  
3-4&      Rock back on right, replace weight back on left, ½ turn over left stepping right next to left  
5-6&      Rock back on left, replace weight back on right, ½ turn over right stepping left next to right  
7&8      Shuffle back on right stepping right-left-right (do on diagonal)

## **FORWARD DRAG TWICE, SHUFFLE FORWARD, SHUFFLE FORWARD, ¾ CROSS UNWIND TURN**

- 1&2&      Step left forward, drag right next left, step right forward, drag left next to right (do on diagonal)  
3&4      Shuffle forward on left - left-right-left  
5&6      Shuffle forward on right - right-left-right  
7-8      Cross left over right, unwind over right for ¾ turn (weight on right facing 3:00 wall)

## **ROCK REPLACE SIDE TWICE, RIGHT SAILOR, ½ BEHIND UNWIND TURN**

- 1-2&      Rock left to left, replace weight back on right, step left next to right  
3-4      Rock right to right, replace weight back on left  
5&6      Right sailor step  
7-8      Touch left behind right, unwind behind left for ½ turn (weight on left facing 9:00 wall)

**ROCK REPLACE ½ TURN TWICE, ¼ PIVOT TURN, FULL TURN OVER RIGHT**

- 1&2            Rock forward on right, replace weight back on left, step right forward for ½ turn  
3&4            Rock forward on left, replace weight back on right, step left forward for ½ turn  
5-6            Step forward right, ¼ pivot turn left  
7&8            Step right forward, step left back for ½, step right forward for ½ turn (moving forward)

**REPEAT**

**RESTART**

**On wall 3, do the first 16 counts, then step right next to left for & count and restart dance**

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