Shake My Tree



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音乐: Rock This Planet - Billy Ray Cyrus



KICK BALL CHANGE, STEP, PIVOT ½ TURN RIGHT, STEP, STEP, PIVOT ½ TURN LEFT, STEP

1&2 Forward kick with left foot, step on ball of left next to right, step right next to left

3-4 Forward step left, pivot ½ turn right side on right foot

5-6 Forward step left, forward step right

7-8 Pivot ½ turn left side on left foot, forward step right

SAILOR SHUFFLE, STEP BEHIND, SIDE STEP, FORWARD KICK ACROSS TWICE, SIDE STEP, SLIDE

1&2 Step behind right, side step right, step left foot to the center

3-4 Step behind left, side step left

5-6 Forward kick across left, forward kick across left

7-8 Side step right, slide left foot next to right

SIDE STEP, STEP BEHIND, CROSSING STEPS, SIDE ROCK STEP WITH 1/4 TURN LEFT, FORWARD WALK TWICE

1-2 Side step right, step behind right&3&4 Step across right, step behind right

When you do the crossing steps: small jump to right side (left foot over right, left foot behind right) try to keep your body facing the wall you are on

5-6 Side step right, back on left foot with ¼ turn to left side

7-8 Forward walk (right, left)

REVERSE SAILOR SHUFFLE, FORWARD SHUFFLE, POINT & TOUCH, ROMP

Step across left, side step left, step right foot to the center

Forward step left, slide right foot next to left, forward step left

Point right toe to right side, step right foot next to left, touch left toe to left side

&7 Step back on left foot, touch right heel forward

&8 Step right foot on place, touch left toe next to right foot

REPEAT