Shake Up The Party



拍数: 32 墙数: 0 级数:

编舞者: Patricia Hancock (UK)

音乐: Shake Up the Party - Joy Enriquez



8 HIP BUMPS TO RIGHT THEN LEFT, TOUCHES TO FRONT AND SIDE

Bump hips to the right twice

Bump hips to the left twice

5-6 Touch right foot forward & across left foot, swiveling left foot 1/8 left, touch right foot to right

swiveling left foot 1/8 right

7-8 Repeat counts 5-6

SAILOR STEPS TO THE LEFT THEN TO THE RIGHT. STEP FORWARD TOUCH, TURN ½ LEFT, SHUFFLE FORWARD

1&2 Sailor step to the left3&4 Sailor step to the right

5-6 Step forward right foot angling body slightly left, touch left foot to right foot looking over right

shoulder

7&8 Turn ½ left and shuffle forward left foot

REPEAT COUNTS 5-8. SKATE, SKATE AND SHUFFLE DIAGONALLY FORWARD

16-17 Step forward right foot angling body slightly left, touch left foot to right foot looking over right

shoulder

18&19 Turn ½ left and shuffle forward left foot

21-22 Moving diagonally right skate forward on right foot, then diagonally left on left foot

23&24 Shuffle right foot forward diagonally right

SKATES AND SHUFFLE FORWARD; SYNCOPATED WEAVE, HOLD A COUNT, TURN A 1/4 RIGHT

25-26 Moving diagonally left skate forward on left foot, then diagonally right on right foot

27&28 Shuffle left foot forward diagonally left

29&30 Step right foot behind left foot, step left foot to the side, step right foot across left foot

(syncopated weave to the left)

31 Hold

32 Jump onto left foot with a ¼ turn right, touch right foot to right keeping weight over left hip,

ready for hip bumps to the right

REPEAT