

Shake Your Bon Bon

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Caroline Robson (UK)
音乐: Shake Your Bon-Bon - Ricky Martin



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| 1-4 | Right kick-ball touch (touching left to left side) |
| 5-8 | Left kick ball touch with $\frac{1}{4}$ turn left (touching right to right side) |
| 1-4 | Slow forward right shuffle, (right, left together, right) |
| 5-8 | Left side rock and cross left over right |
| 1-4 | Right side rock and cross right over left |
| 5-8 | Left rock forward and bring left foot together |
| 1-4 | Slow right shuffle back (right, left together, right) |
| 5-8 | Keeping left slightly in front of right, push hips forward into upper body roll |
| 1-4 | Step forward on right and push hips right twice |
| 5-8 | Step forward on left and push hips left twice |
| 1-4 | Step forward on right and push hips right twice |
| 5-8 | Step forward on left and push hips left twice |

REPEAT
