She's A Lady



拍数: 64 墙数: 4 级数: Intermediate

编舞者: Ed Lawton (UK)

音乐: She's a Lady - Tom Jones



SHUFFLE ROCK, TRIPLE TURN ROCK

1&2 Step left to left, step right next to left, step left to left

3-4 Step back on right, rock forward on left

5&6 Step right to right making a ¼ turn left, step back on left making a ½ turn left, make a ¼ turn

left stepping right to right

7-8 Step back on left, rock forward on right

WEAVE, SAILOR, SAILOR 1/4 TURN

1-2 Step left to left, step right behind left

3&4 Step left to left, step right over left, step left to left

5-8 Right sailor, left sailor making a ¼ turn left

ROCK, SHUFFLE TWICE, ROCK

1-2 Step forward on right, rock back on left

3&4 Shuffle back on right, left, right5&6 Shuffle back on left, right, left

7-8 Step back on right, rock forward on left

OUT OUT CLAP, IN IN CLAP, PIVOT, CROSS SHUFFLE

&1-2 Step right to right, step left to left, clap

&3-4 Step right in, step left in, clap

5-6 Step forward on right, pivot a ¼ turn left

7&8 Step right over left, step left to left, step right over left

ROCK 1/2 TURN, SHUFFLE, WEAVE SAILOR

1-2 Step left to left, rock onto right making a ½ turn left

3&4 Side shuffle left on left, right, left5-6 Step right over left, step left to left

7&8 Right sailor

WEAVE, 1/4 TURN SHUFFLE X3

1-2 Step left over right, step right to right

3&4 Make a ¼ turn left as you side shuffle on left, right, left
5&6 Make a ¼ turn left as you side shuffle on right, left, right
7&8 Make a ¼ turn left as you side shuffle on left, right, left

ROCK SHUFFLE TWICE

1-2 Cross rock right over left, rock on to left
3&4 Side shuffle right on right left, right
5-6 Cross rock left over right, rock onto right
7&8 Side shuffle left on left, right, left

PIVOT TWICE SHUFFLE ROCK

1-4 Step forward on right, pivot ½ turn left, step forward on right, pivot ½ turn left

5&6 Side shuffle right on right, left, right,7-8 Step back on left, rock forward on right

REPEAT

RESTART

Restart on wall 3 on counts 40 step (left over right, step right to right)