

编舞者: Geri Morrison (UK) 音乐: Shine - Take That



CROSS ROCK RECOVER SIDE, CROSS BEHIND RECOVER SIDE, ROCK BACK RECOVER, ½ TURN RIGHT, CROSS SHUFFLE

1&2 Cross left over right, recover, step left to lef	it side
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3&4 Cross right behind left, recover weight on left, step right to right side

5&6 Cross left behind right, recover weight on right, make ½ turn right stepping back on left

& Make a ¼ turn right stepping right to right side

7&8 Cross left over right, step right to right, cross left over right (6:00)

SIDE TOGETHER FORWARD, PIVOT TURN STEP, LOCK STEP, JAZZ BOX

1&2	Step	right to	righ	nt side	, bring	left beside	right,	step	forward	d on righ	t

3&4 Step forward on left, pivot ½ turn right, step forward on left

5&6 (Right lock step forward) step forward on right, lock left behind right, step forward on right

7&8 Cross left over right, step back on right, step left next to right (12:00)

ROCK, RECOVER, ½ TURN RIGHT, FULL TURN RIGHT, COASTER, ROCK, RECOVER, ½ TURN LEFT

1&2	Rock forward on right, recover weight on left, make ½ turn right stepping forward on right
3&4	Step forward on left, pivot ½ turn right (weight right) make a further ½ turn right stepping back

on left (easy option: forward left coaster step)

5&6 Right coaster step (6:00)

7&8 Rock forward on left, recover weight on right, and make a ½ turn left stepping forward on left

(12:00)

STEP TOUCH, BACK KICK, ROCKING CHAIR, & STEP, PIVOT ½ TURN LEFT, ¼ TURN LEFT, RIGHT CHASSE

1&	Step forward on right, touch left behind right
2&	Step back on left, small kick forward right

3&4 Rock back on right, recover weight on left, rock forward on right

& Step left beside right

5-6 Step forward on right pivot ½ turn left

7&8 1/4 turn left into a right chasse, (small chasse right) stepping right, left, right (3:00)

REPEAT