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拍数: 32 墙数: 4 级数: Beginner rumba

编舞者: Gaye Teather (UK)

音乐: She Showed Me A Little Bit More - Dave Sheriff



SIDE RIGHT, TOGETHER, CROSS, HOLD, SIDE LEFT, TOGETHER, CROSS, HOLD (SCISSOR STEPS)

1-2 Step right to right, step left beside right

3-4 Cross right over left, hold

5-6 Step left to left, step right beside left

7-8 Cross left over right, hold

GRAPEVINE RIGHT, TOUCH, SWAY LEFT, SWAY RIGHT, QUARTER TURN LEFT, HOLD

9-10 Step right to right, cross left behind right 11-12 Step right to right, touch left beside right

13-14 Step left to left (small step) swaying weight onto left, sway onto right 15-16 Make quarter turn left stepping forward on left, hold (facing 9:00)

WALK RIGHT, HOLD, WALK LEFT, HOLD, ROCK, RECOVER, HALF TURN RIGHT, HOLD

17-20 Walk forward on right, hold, walk forward on left, hold Styling note: during the walks forward step right and left feet slightly across

21-22 Rock forward on right, recover onto left

23-24 Make half turn right stepping forward on right, hold (facing 3:00)

WALK LEFT, HOLD, WALK RIGHT, HOLD, SWAY LEFT, RIGHT, LEFT, HOLD

25-28 Walk forward on left, hold, walk forward on right, hold **Styling note: during the walks forward step left and right feet slightly across**

29-30 Step left to left (small step) swaying weight onto left, sway onto right

31-32 Sway onto left, hold

REPEAT