

Show Me The Money

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 1 级数: Intermediate/Advanced hip hop
编舞者: Ryan Lindsey (USA) & Jason Branam
音乐: Show Me the Money - Petey Pablo



Sequence: AB AA B AA C AA
Special choreography input by Bubba Jones

PART A

SIDE STEPS WITH A STEP TWICE

- 1 Step right foot to right side
- 2 Step left foot to left side
- 3 Touch right foot to right side
- &4 Touch right toe beside left & step right to right side
- 5 Step left foot to left side
- 6 Step right foot to right side
- 7 Touch left foot to left side
- &8 Touch left toe beside right & step left to left side

CRISS CROSS, CROSS STEP HOLD

- &1 Cross right foot in front of left foot on the & count (while jumping up), then uncross right foot by stepping out on right foot and weight ends on left
- 2 Cross right over left
- 3 Step left foot
- &4 Look left on the & count, then look forward while holding position
- &5 Cross left foot in front of right foot on the & count (while jumping up), then uncross left foot by stepping out on left foot and weight ends on right
- 6 Cross left over right
- 7 Step right foot
- &8 Look right on the & count, then look forward while holding position

PART B

JUMP STEP SLIDE, ½ TURN HITCH, ¾ TURN, ¼ KICK BALL STEP(WITH STYLING)

- 1&2 Slightly jumping backwards on 1, step forward on left foot on &, step back on right foot while sliding left foot to back(weight is on right foot)
- 3-4 While turning ½ turn left, step on left foot, then hitch right knee up
- 5-6 Place right toe behind left foot, then turn ¾ turn to right while unwinding (face 3:00 wall) end on right
- 7&8 Kick left across right, & step on ball of left foot, then turn ¼ turn right stepping on right foot(facing 6:00 wall)

TOUCH GLIDE, ¼ TURN LEFT, SLIDE BACK, HOLD, STEP, KICK, HOLD, THEN BOUNCE & DROP

- 1&2 Touch right toe while sliding left foot to left
- 3-4 ¼ Left while sliding left foot back, hold
- 5-6 Step forward on left, kick right foot forward
- 7&8 While keeping right extended: bounce your leg down & up, then touch right foot crossing over left

CROSS, ½ TURN, STEP BACK TWICE, CHUG TWICE, KICK BALL STEP

- 1-2 Cross right foot over left with a step, then turn ½ turn to the left (facing 9:00)
- 3-4 Step back right, then step back left
- 5-6 Touch right toe twice 1/8 turn left

7&8 Kick ball change (facing 7:30)

SAILORS TWICE WITH ½ TURN, CROSS, STEP, STEP, FULL TURN HITCH, STEP (WITH ARM STYLING)

- 1&2 Step right behind left while turning 3/8 turn to the right, step on ball of left, then step on right
3&4 Step left behind right, step on ball of right, then step on left
5 Cross step right over left: arms (fingertips together, left elbow up, right elbow down, arms diagonally across chest, left elbow at shoulder, right elbow at waist)
6 Step left to left side: arms (fingertips together, left elbow down, right elbow up, arms diagonally across chest, left elbow at waist, right elbow at shoulder)
7 Cross step right over left ¼ turn: arms (point both arms diagonally toward left at floor, while crossing right foot)
&8 While on right foot hitch your left leg on the & count while turning a full turn left stepping forward on left foot (facing 9:00 wall)

KICK BALL CHANGE, TOE HEEL SLIDES, LEFT FOOT SLIDE, 540 SPIN

- 1&2 Kick right foot forward, step on ball of right foot, step on left foot
3&a4 Swivel left toes to right side, swivel right toes to right side, swivel left heel
5 Slide left foot straight back
678 While on the ball of left foot spin a total of 540 degrees... 1 ½ spin, step on right foot

ROCK RECOVER, CROSS, ½ TURN CROSS, STEP LEFT, HITCH, FORWARD PUSH, HITCH (WITH ARM STYLING)

- 1-2 Rock left foot to left side, recover weight on right
3 Cross left foot over right
4 While turning ½ turn to right, cross right foot over left
5 Step left foot to left side
6 Hitch right knee up, while lifting right arm up parallel to knee
7 Step right foot forward, while pushing right arm forward palm facing down
8 Hitch right knee up, while lifting right arm up parallel to knee

TURN, STEP, HITCH, STEP, HITCH, ¼ BODY ROLL TO A TOUCH, BODY ROLL BACK, HITCH

- 1&2 Swing right leg a ¼ turn while hitching, step down on right, hitch left
3 Step left foot forward
4 Hitch right knee up
5&6 While stepping back on right foot roll upper body a ¼ turn and hold on 6
7&8 Roll upper body back to left a ¼ turn while hitching right foot up

STOMP, ¼ TURN SWEEP, KICK KICK, SWIVEL TWICE, HITCH, STEP SWITCH

- 1&2 Stomp right ball, sweep right toe as you do a ¼ turn right, switch weight to right while bringing left toe to a touch
3&4 Kick left behind right at knee level, kick right behind left at knee level, step right foot down
5&6 On ball of both feet swivel to right, swivel heels to center, swivel heels to right while hitching left knee up (should be facing 10:30)
7&8 Step down on left, slide left back while sliding right foot forward, then switch back to original position

PART C

FULL SPIN, HOLD, LEFT SLIDE, CLAP

- 1-4 Prepare on 1, spin 1 complete turn on 2-4 facing 12:00 at end of spin
5 Hold: while holding extend right arm forward while pointing index finger up
6-7 With elbow bent at chest level, step left foot to the side and slide right to meet left
8 Clap

SLIDE RIGHT, TOUCH BEHIND, UNWIND FULL SPIN, STEP, ARM STYLING WITH KNEE BEND

- 1-2 Step right to right side, while bending elbow at chest level, touch left toe behind right, while pointing both index fingers to the right toward the floor
- 3-4 Unwind a full turn to the left, end facing front wall
- 5 Extend arms straight out at chest level, palms facing down toward floor
- 6 Bend elbows, while bringing arms down to stomach area, palms still facing down
- 7 Bring arms slightly out to waist area, palms facing toward each other
- 8 Bring palms and knees together

ACT LIKE A MIME: CROSS STEP, RECOVER, FULL BODY ROLL IN SECTIONS

- 1-2 Both arms extended to the outside of the right leg, palms facing left, while pushing left with hands cross left foot over right(act like a mime)
- 3-4 Rotate hands where the palms are facing to the right, and touch left leg back left side with your knees still bent in the starting position
- 5 Pop left knee out to left side
- 6 Pop right knee out to right side
- 7&8 Body roll from stomach up to your arms, with arm ending extended out to left side, at the same time move left foot to left side ending with a touch

CROSS TOUCH, KNEE SWIVEL, DOUBLE KNEE SPIN, STEP UP

- 1-2 Press left foot down and pop up in a cross over right, at the same time take hands and position them on knee like you are picking it up
- 3&4 Step right to right side and pop knee in then out to right side
- 5&6 Drop right knee to floor $\frac{1}{4}$ turn left, spin on both knees $\frac{3}{4}$ turn facing front weight ending on left
- 8 Step up on right

BACK STEP X3, STEP KICK, SWING BACK TO KNEE, BODY PRESS, RECOVER, STEP UP

- 1&2 Step back: right, left, right
- 3-4 Step forward left, kick right foot forward
- 5-6 Swing right foot around to right meeting behind left knee, while turning $\frac{1}{2}$ turn right fall into a body press on the floor
- 7 Recover to standing position
- 8 Step up on left, end with weight on right: finishing body press

STEP, LEFT ROLL, STEP, SHOULDER SHAKES, STEP

- 1 Step left foot to left side diagonal
 - 2 Body roll to left
 - 3-4 Right foot hitch, step down on right with body bent forward at waist
 - 5&6 Shake shoulder to right, alternating shoulders right left right left
 - 7-8 Slide left foot to right, stomp left foot
-