

Shut Up!

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4
编舞者: Chris Godden (UK)
音乐: Shut Up - Black Eyed Peas

级数: Intermediate/Advanced



-
- | | |
|---------|--|
| 1 | Cross left behind right |
| 2-3-4 | Unwind slowly $\frac{1}{2}$ left |
| 5-6 | Right to right side, touch left behind right |
| 7-8 | Hitch left to left side (raise both arms to side with palms facing down) |
| | |
| 1-2-3-4 | Ronde right from back to front |
| 5&6 | Kick right, step forward right, touch left behind right |
| 7-8 | Bend knees and roll right shoulder back, point left to left |
| | |
| 1-2 | Hitch left across right, step left across right |
| 3&4 | Right to right side (bump hips right-left-right) |
| 5-6-7&8 | Repeat |
| | |
| 1&2 | Pivot $\frac{3}{4}$ right on ball of right, step left to left, touch right to right |
| 3-4 | Bump hip to right, touch right to left (slap right hip) |
| 5-6& | Step right forward, lock left behind right, step forward right |
| 7-8 | Step left forward, pivot $\frac{1}{2}$ right leaving weight on left with right heel raised |
| | |
| 1&2& | Kick right forward, step right forward, lock left behind right, step right forward |
| 3&4& | Kick left forward, step left forward, lock right behind left, step left forward |
| 5-6& | Step forward right, lock left behind right, step forward right |
| 7-8 | Rock forward on left, replace weight on right |
| | |
| 1-2 | Touch left back, $\frac{1}{2}$ turn onto left |
| 3-4 | Step forward right, $\frac{1}{2}$ turn left |
| 5-6 | Walk right left |
| 7&8 | Rock right behind (5th) left, replace weight on left, step right to right side |

REPEAT

Start dance with left crossed behind right and start turning (counts 2-3-4 on first lyrics "shut up just shut up")
